

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>Beginner Line Dancing 10:30AM</p> <p># Sponsored by the Friends</p>
<p>2</p> 	<p>3</p> <p>Fun & Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM Writing Wizards 4:30PM Mystery Book Group 5PM</p>	<p>4</p> <p>Geri Fit 9AM Senior Sculpt 10AM Intermediate Line Dancing 4PM Parkinson's Awareness 5:30PM</p>	<p>5</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Check Out an Expert 10AM Hayden's Bits & Bytes 10:15AM Paint Group 1PM Talk About Grief 1PM</p>	<p>6</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM</p>	<p>7</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>8</p> <p>Beginner Line Dancing 10:30AM</p>
<p>9</p> 	<p>10</p> <p>Fun & Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM</p>	<p>11</p> <p>Geri Fit 9AM Senior Sculpt 10AM Intermediate Line Dancing 4PM Saving Mama 5:30PM Voting Day</p>	<p>12</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Trustee Meeting 10AM Check Out an Expert 10AM Paint Group 1PM</p>	<p>13</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM</p>	<p>14</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>15</p> <p>Beginner Line Dancing 10:30AM</p>
<p>16</p> 	<p>17</p> <p>Fun & Fitness with Joyce 9AM# Tai Chi Practice 10:15AM St Paddy's Day Sing-a-Long 11AM Mahjong 12:30PM</p>	<p>18</p> <p>Geri Fit 9AM Senior Sculpt 10AM Waterford, Ireland 11AM Intermediate Line Dancing 4PM</p>	<p>19</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Check Out an Expert 10AM Paint Group 1PM</p>	<p>20</p>  <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM Flight of Remembrance 5:30PM Book Group 5:30PM</p>	<p>21</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>22</p> <p>Beginner Line Dancing 10:30AM</p>
<p>23</p> 	<p>24</p> <p>Fun & Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM Fun & Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM</p>	<p>25</p> <p>Geri Fit 9AM Senior Sculpt 10AM Movement in Medicine 11:30AM Intermediate Line Dancing 2:30PM Friends of the Library 4PM</p>	<p>26</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Check Out an Expert 10AM Paint Group 1PM</p>	<p>27</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM</p>	<p>28</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>29</p> <p>Beginner Line Dancing 10:30AM</p>



Programs

WRITING WIZARDS - MARCH 3 @ 4:30PM

Calling all writers to join us in reading and sharing our work with other wonderful writers!
We meet the first Monday of each month.

MYSTERY BOOK DISCUSSION- MARCH 3 @ 5PM

Join us for this month's mystery book group! Betty Tidd will lead the discussion of *Reykjavik Nights* by Arnaldur Indridason. Copies of the book will be available at the circulation desk.

PARKINSON'S AWARENESS - MARCH 4 @ 5:30PM

Downtown Gym will be talking about Parkinson's Awareness Month and their unique Rock Steady Boxing program that is adapted especially for people with this condition.

HAYDEN'S BITS & BYTES - MARCH 5 @ 10:15AM

Learn about the Google suite of services and how to take advantage of all the things Google offers to everyone.

TALK ABOUT GRIEF - MARCH 5 @ 1PM

Join us in an open conversation about grief with counselor Dawn Alvarez.

TAI CHI PRACTICE - MONDAYS @ 10:15AM

Know basic tai chi moves? Come to this weekly program to practice.

TAI CHI* - THURSDAYS IN MARCH @ 10AM OR 11:15AM

Learn the basic steps with Joyce to help keep you moving and healthy. Sign-up required.

SAVING MAMA: AUTHOR VISIT- MARCH 11 @ 5:30PM

Gilford author, Claire Hebert-Dow, introduces her novel *Saving Mama*.

ST. PADDY'S DAY SING-A-LONG - MARCH 17 @ 11AM

Enjoy some fun and festive St. Patrick's Day songs with Jane! Grab a snack, sing a song and don't forget to wear lots of green.

DISCOVER LIVE: WATERFORD, IRELAND - MARCH 18 @ 11AM

Explore the Viking Triangle, a vibrant area rich in historical landmarks including Reginald's Tower and the medieval walls of one of Ireland's ancient cities!

FLIGHT OF REMEMBRANCE - MARCH 20 @ 5:30PM

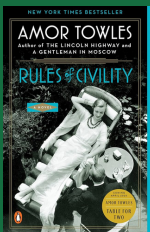
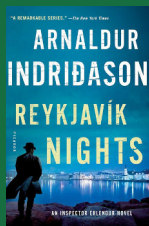
Marina Kirsch talks about her book, *Flight of Remembrance*, which records her family's experience in Latvia, occupied Poland, and Germany before, during, and after World War II.

BOOK DISCUSSION: RULES OF CIVILITY - MARCH 20 @ 5:30PM

This month's book is *Rules of Civility* by Amor Towles. Led by Molly;
books are available at the front desk.

MOVEMENT IN MEDICINE- MARCH 25 @ 11:30AM

Learn the value of movement and how to move to keep your body well for years to come.
Presented by Dr. Amanda from Awakening Chiropractic.



MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2	3 Baby Storytime 10:00AM	4 Preschool Storytime 10:30AM	5 Yogapalooza 10:30AM T(w)een Boredom Busters 3PM Science Seekers 3:30PM	6 T(w)een Eats 3PM 	7 Preschool Storytime 10:30AM	8 
9 	10 Baby Storytime 10:00AM	11 Preschool Storytime 10:30AM T(w)een Early Release 1PM Elementary Early Release 1:30PM	12 Yogapalooza 10:30AM Science Seekers 3:30PM	13 Homeschool Club 12PM 	14 Preschool Storytime 10:30AM	15 # Drop-In Craft: Make Your Own Bouquet 10:30AM
16 	17 Baby Storytime 10:00AM	18  Preschool Storytime 10:30AM	19 Yogapalooza 10:30AM T(w)een Boredom Busters 3PM Science Seekers 3:30PM	20 T(w)een Eats 3PM 	21 Preschool Storytime 10:30AM	22 
23	24 Baby Storytime 10:00AM Baby Storytime 10:00AM	25 Preschool Storytime 10:30AM	26 Yogapalooza 10:30AM T(w)een Boredom Busters 3PM Science Seekers 3:30PM	27 Homeschool Club 12PM 	28 Preschool Storytime 10:30AM	29
30	31					





PROGRAMS



BABY STORYTIME

Join other parents and babies for a special storytime filled with songs, rhymes, and more!

PRESCHOOL STORYTIME - TUESDAYS

Come listen to spring stories and make cute crafts with Miss Linda!



YOGA-PALOOZA

Join Miss Jill in a beginners yoga and mindfulness class for kiddos and parents are encouraged to join in too! *Ages 3-6

SCIENCE SEEKERS: STUDY OF SEEDS

Watch your seeds grow and learn about the process in this interactive session with Miss Erika!



PRESCHOOL STORYTIME - FRIDAYS

Connect with other kids in a fun-filled storytime with Miss Erika!

ELEMENTARY EARLY RELEASE: LEPRECHAUN GNOMES

Create an adorable leprechaun gnome with friends.



DROP-IN CRAFT: MAKE YOUR OWN BOUQUET

Make your own beautiful bouquet to celebrate spring coming up!

T(W)EEN BOREDOM BUSTERS

Bored on Wednesdays around 3PM? Hayden has some ideas! Come join this student-led activity group!



T(W)EEN EATS

Join Hayden and Erika every other week for an exploration of culinary delights!



T(W)EEN EARLY RELEASE: WAFFLE BAR

Who doesn't like a nice, warm waffle? Join Hayden in the Teen Room for a smörgåsbord of everyone's favorite breakfast treat!



HOMESCHOOL CLUB

Come hang out with Hayden and other home school kids!

