



# Hello from Gilford Library

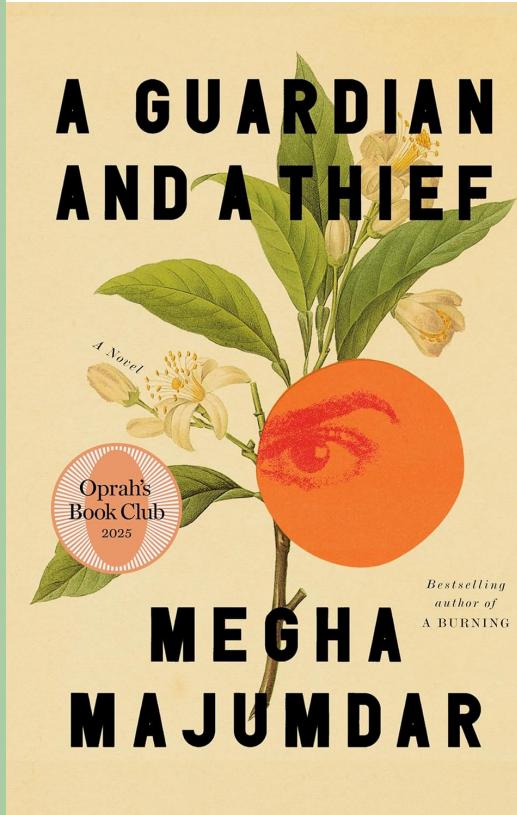
February 17, 2026

Phonaesthetics is the idea that some words or phrases are beautiful regardless of their literal meaning. Cellar Door is often cited as being of particular beauty.

This week brings a little bit of literary fun and beauty in the blank spaces left behind. This Thursday at 5:30pm Katherine is leading the "Book Discussion" for *Playground* by Richard Powers, and there are still copies available if you want to get involved. Then on Saturday the 21st Carol Wallace and Dottie Bergeron are hosting "Honoring Loss" at 12pm, a program on the contradictory emotions that come with losing someone or something, and what you have to gain.

Are there any words you find particularly phonaesthetic? I personally enjoy luminous.

**On the Librarian's Nightstand:**  
*A Guardian And A Thief*  
by Megha Majumdar



**The kids had a blast making  
Valentine's gifts for their loved ones  
at Early Release!**



Coyote Shape Shifter

"A true literary achievement. . . Majumdar creates a tense and deeply compassionate portrait of desperation, fear and the combined selflessness and selfishness of parenthood. . . Detail is the strongest thing in *A Guardian and a Thief*. It conveys the nuances of not only love but also wisdom . . . it also makes this novel, wrenching though it often is, a true joy to read." —*The New York Times Book Review*

**This Book Made Me Think Of You**  
by Libby Page

**Mass Mothering**  
by Sarah Bruni

**Inharmonious**  
by Tammye Huf

**The Spy In The Archive**  
by Gordon Corera

**One Aladdin, Two Lamps**  
by Jeanette Winterson

**The Exes**  
by Leodora Darlington

**It's Not Her**  
by Mary Kubica

**The Dogs Of Venice**  
by Steven Rowley

**Book of the Week:**  
*Little One*  
by Olivia Muenter

**Coyote: Shape Shifter**  
February 24<sup>th</sup> @ 5:30pm



Come learn how the most adaptable creature on the planet not only survived decades of persecution but thrived because of it.  
Presented by Joe Callanan.

Joe Callanan tells how the most adaptable creature on the planet not only survived decades of persecution but thrived because of it.

**Tuesday, February 24 @ 5:30PM**

**Jewelry Ring Tray Adult Craft**

**Jewelry Ring Tray - Adult Craft**  
March 3<sup>rd</sup> 11:00am



Create a charming DIY jewelry ring tray by combining a clay base with soft fabric lining. Sign up required.

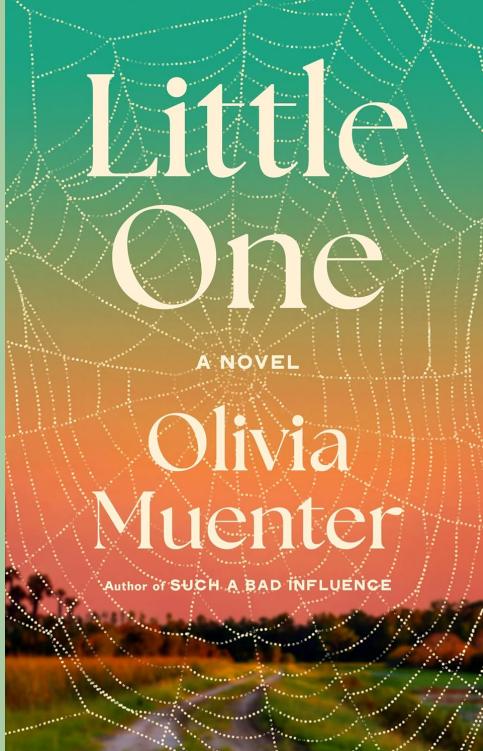
Create a charming DIY jewelry ring tray by combining a clay base with soft fabric lining. Sign-up required.

**Tuesday, March 3 @ 11:00AM**

**This Week at the Library**

**Adults**

**Feel Good Fitness With Dottie**  
Today, 9:00 a.m. - 10:00 a.m.  
A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.



Having been raised in a seemingly idyllic community, a young woman must reconcile with her past and make efforts to reunite with the one person she regrets leaving behind, her sister. With twists, turns, revelations, and reveals, it is an incisive look at the lengths people will go to justify their actions in their efforts to live a good life.

### Links of the Week

[The Most Read Books on Goodreads This Week](#)

['Crime-Fighting' Llamas Catch Thief by Surrounding Him in a Field Until Cops Arrive](#)

[8 Highly Anticipated Movies Based on Bestselling Books Coming in 2026](#)

### Children's Corner

**Chinese New Year is today**  
and we are excited to celebrate the year of the Horse! There's a lot of cultural information about [Chinese New Year](#) and how it's celebrated. Let us know how you celebrate Chinese New Year by posting on Facebook or Instagram and tagging us!

### Senior Sculpt

Today, 10:00 a.m. - 11:00 a.m.  
Bring a 2 - 3 lb. dumbbell, stretch band and water. For ages 55+.

### Beginner Line Dancing

Today, 2:30 p.m. - 3:30 p.m.  
Beginner line dancing with Bonnie Deutch.

### Friends of the Library Meeting

Today, 4:00 p.m. - 5:00 p.m.

### Geri Fit

Wednesday, 9:00 a.m. - 10:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

### Senior Stretch Yogaah!

Wednesday, 10:00 a.m. - 11:00  
Lani Voivod will lead us through stretches. Sponsored by the Friends of the Library.

### Card Games

Wednesday, 10:00 a.m. - 12:00  
Play a few rounds of "Pay Me".

### Check Out An Expert

Wednesday, 10:00 a.m. - 12:00  
Receive help with your computer and all things technology.

### Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.  
Bring your supplies to work on your projects with other artists.

### Senior Sculpt

Thursday, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

### Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.  
Enjoy exercising with others. Space is limited.

### French Club

Thursday, 3:00 p.m. - 4:00 p.m.  
Join the ongoing conversational French Group.

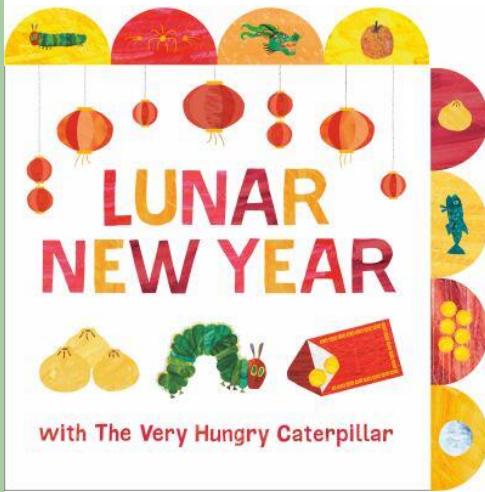
### Book Discussion: *Playground*

Thursday, 5:30 p.m. - 6:30 p.m.  
Katherine will lead the discussion of this book by Richard Powers.

### Geri Fit

Friday, 9:00 a.m. - 10:00 a.m.

**Featured Book:** *Lunar New Year with the Very Hungry Caterpillar* by Eric Carle



### Word of the Week

#### Quiddity

*noun*

The essence of a thing—that is, whatever makes something the type of thing that it is.

KWID-uh-tee

"The novelist's genius was her unparalleled ability to capture the quiddity of the Maine seacoast."

### Upcoming Events



#### Bits & Bytes

Cover a new computer literacy topic on the first Monday of each month. This month's topic getting the most out of your email.

**Monday, March 2  
@ 11:00AM**

A workout for 55+. Bring a 2 - 3 lb. dumbbell, stretch band and water.

### The Wintering Body: A Chair Yoga Journey of Strength, Stillness and Soulfire

Friday, 10:00 a.m. - 11:00 a.m.

Joyful, cozy practices to stretch, breathe and shine! Sign up required.

### Bridge

Friday, 10:00 a.m. - 12:00 p.m.

Play a hand or two of bridge.

### Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.

Come play a few rounds of this fun card game.

### Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.

All crafters welcome!

### Advanced German

Friday, 2:30 p.m. - 3:30 p.m.

Join our weekly class for advanced conversational German.

### Beginner Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.

Class with Bonnie Deutch.

### Beginner Line Dancing

Saturday, 10:15 a.m. - 11:15 a.m.

Class with Bonnie Deutch.

### Honoring Loss

Saturday, 12:00 p.m. - 1:30 p.m.

A supportive invitation to honor loss and create a space for healing peace and renewal. Led by Carol Wallace and Dottie Bergeron.

### Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.

Enjoy exercising with others. Sponsored by the Friends of the Library.

### Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.

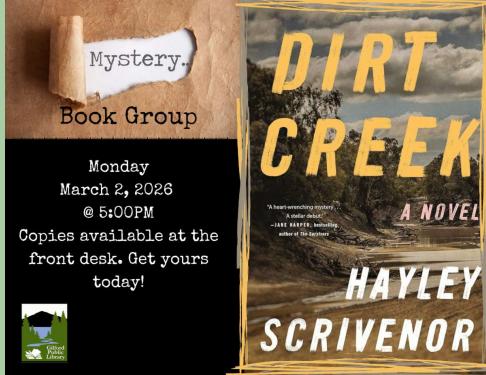
Know basic tai chi move? Come to this weekly program to practice.

### Mahjong

Monday, 12:00 p.m. - 3:00 p.m.

If you know how to play this tile-based strategy game, come to the library and join in the fun!

### T(w)eens



### Mystery Book Discussion

Betty Tidd will lead the discussion of *Dirt Creek* by Hayley Scrivenor. Copies are available at the Front Desk.

**Monday, March 2  
@ 5:00PM**

### Nature Corner: Surviving Severe Winter Weather - Part 4: Seasonal Shifters

by Wendy Oellers-Fulmer

Snowshoe hares (*Lepus americanus*), are in the same family as the more iconic Eastern cottontail and New England cottontail. They are members of the same family, Leporidae, but differ in their appearance and behaviors. Hares are larger, have longer ears & bigger feet, are less social, and choose habitats away from humans.



The snowshoe hare's physical adaptations facilitate its survival in the winter. First of all, it has large hind feet, with toes spread out. These foot adaptations allow it to hop about, like snowshoes, on top of the snow. Their feet are also heavily furred in winter, a hare's version of Ugg boots.

The snowshoe hare is also called the "Varying Hare" as as the seasons change from fall to winter, so does the color of its fur. The soft brown of summer molts into mostly white in winter. As the hours of daylight lessen, receptors in the hare's retinas stimulate the shifting of colors, to help them camouflage in the snow. This shifting of color in both the fall and spring usually takes about ten weeks. While the snowshoe hare in winter is primarily white, it retains the black tips of its ears. While cottontail rabbits seek cover in hardwood/deciduous shrubs and young trees, the snowshoe hare prefers dense conifers with thick softwood undergrowth.

The Snowshoe hare's diet also has to shift in the winter. In the summer, its diet consists of clover, grasses, ferns, berries, and succulent parts of woody vegetation. During winter, the hare's diet now includes small twigs, buds, tender bark of shrubs and small evergreen trees as well the seedlings of different species of trees. What is surprising is that unlike most rabbits and hares, Snowshoe hares like meat and will even eat carrion!

To discover more:

[New England Cottontail and Snowshoe Hare](#)

[Snowshoe Hare](#)

For the kids:

### Home School Group

Tuesday 12:00 p.m. - 1:30 p.m.

Join our every other Tuesday group. for some fun.

### Tabletop Pinball

Thursday, 3:00 p.m. - 4:00 p.m.

Get competitive in Tabletop Pinball!

**Did you know...**it's tax season? A stressful time for all of us, and we hope to make it just a little bit less so. If you're in need of printed tax forms, we allow patrons to print up to 10 pages of tax forms for free during the tax season. In addition, we have some preprinted 1040's and 1040-SR's, and hopefully soon the instruction booklets as well. Let us take some of that stress off your shoulders here at the library.

[www.gilfordlibrary.org](http://www.gilfordlibrary.org)



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