



July 28, 2026

It's almost the end of Summer Reading! You have one more week to collect as many badges as you can in order to redeem them for prizes.

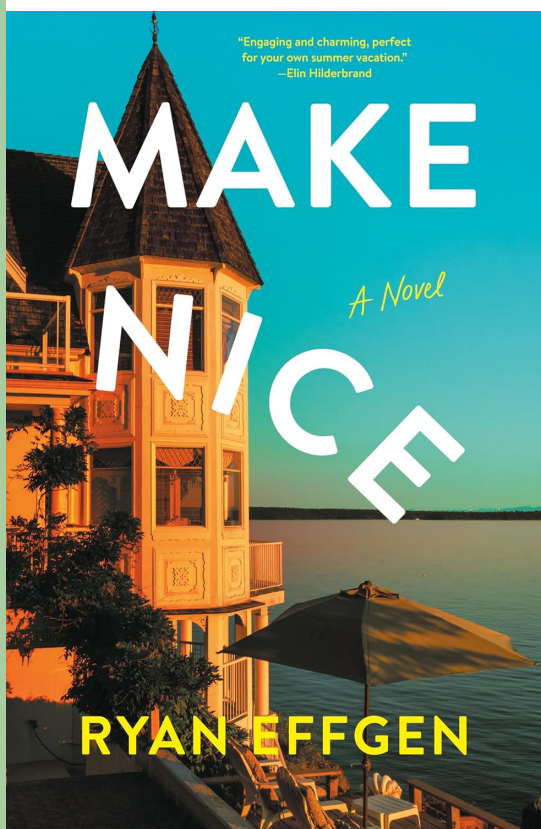
During the first week of August, the Prize Store will be for you to check out and choose the prizes you would like to take home. From August 3rd through the 7th, you can spend your badges for great prizes, ranging from toys and knick knacks, to art supplies and glassware. Badges will not be able to be redeemed beyond the 7th, so be sure to make it to the library beforehand to reap the benefits of your Summer Reading efforts.

We have a lot of wonderful programs coming up, and storyteller Jonah Knight will get us started this Thursday at 4pm!

On the Librarian's Nightstand:

Make Nice

by Ryan Effgen



Getting in some light reading as tin foil s'mores heat up!



Mind Tricks

"If you've got concerns about your own family vacation, just wait until you read about the one the Pickford siblings are taking. . . . The family's agitation is a boon for readers, who'll surely enjoy the smart structure of the plot, the finely drawn characters, and the general mayhem they bring to what's supposed to be a place for relaxation."

—**Town & Country**

The Top Of The World
by Ethan Joella

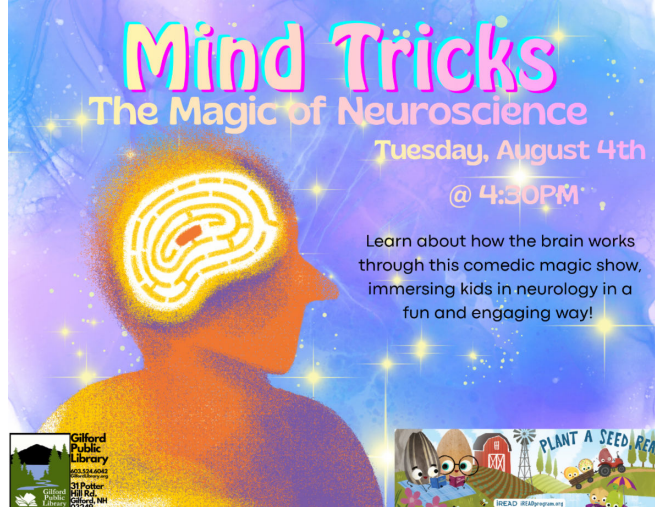
The Half Life
by Rachel Beanland

We Will See You Bleed
by Ron Currie Jr.

The Calamity Club
by Kathryn Stockett

Get Lost
by Justin Halpern

The Stargazer of Nantucket
by Julie Gerstenblatt



Learn about how the brain works through this comedic magic show, immersing kids in neurology in a fun and engaging way!

Tuesday, August 4 @ 4:30PM

Hummingbirds: Wonder on Wings

HUMMINGBIRDS: WONDER ON WINGS
AUGUST 4TH @5:45



COME EXPLORE THE WILD SIDE OF ONE
OF THE MOST SPECTACULAR VISITORS TO OUR
LOCAL WOODS DURING THE SUMMER.



Come explore the wild side of one of the most spectacular visitors to our local woods during the summer.

Tuesday, August 4 @ 5:45PM

DVD of the Week:
Avatar:
Fire & Ash

This Week at the Library

Adults

Feel Good Fitness With Dottie

Today, 9:00 a.m. - 10:00 a.m.

A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.



The third installment in the stunning Avatar series from James Cameron sees conflict arise once more as colonialist powers clash with the native tribes of Pandora. With gorgeous visuals and a passable story this is a good popcorn flick to enjoy. Starring Zoe Saldana and Sam Worthington.

Links of the Week

[The Week in Books: Hottest Titles, an Odyssey, the Beautiful Game](#)

[Going to the Cinema, Theater or a Museum May Slow Down Physiological Aging](#)

[New Hampshire Joins Growing Contingent of States with Laws on 'Plug-in Solar'](#)

Children's Corner

Does your child or even you have a fear of bugs? It's okay! You're not alone. There's [tips](#) on how to overcome these fears and how to explain to your child while empowering/validating them. Also, we have books here at the library to explain the importance of bugs.

Senior Sculpt

Today, 10:00 a.m. - 11:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Bridge

Today, 10:00 a.m. - 12:00 p.m.
Join others for a few rounds.

Geri Fit

Wednesday, 9:00 a.m. - 10:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water.

Feel Good Fitness With Dottie

Wednesday, 10:00 a.m. - 11:00
A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.

Card Games

Wednesday, 10:00 a.m. - 12:00
Play a few rounds of "Pay Me".

Check Out An Expert

Wednesday, 10:00 a.m. - 12:00
Receive help with your computer and all things technology.

Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.
Bring your supplies to work on your projects with other artists.

Senior Sculpt

Thursday, 9:00 a.m. - 10:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.
Enjoy exercising with others. Sponsored by the Friends of the Library.

Bridge

Thursday, 10:00 a.m. - 12:00 p.m.
Join others for a few rounds.

French Club

Thursday, 4:00 p.m. - 5:00 p.m.
Join the ongoing conversational French Group.

Geri Fit

Friday, 9:00 a.m. - 10:00 a.m.
A workout for 55+. Bring a 2 - 3 lb. dumbbell, stretch band and water.

Feel Good Fitness With Dottie

Friday, 10:00 a.m. - 11:00 a.m.
A fun hour of stretching, toning and balance for all levels. Sponsored by the

Featured Book: *Welcome to the Anthill* by Štěpánka Sekaninová
Sekaninová



Word of the Week

Cadge
verb

To persuade someone to give something to you for free.

KAJ

"You will never have to cadge a librarian to borrow a book."

Upcoming Events



C3Brix Lego Day

Nationally famous Cody Wells of his company C3Brix will be joining us for lots of LEGO fun!

Friday, August 7
@ 9:00AM

Friends of the Library.

Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.

Come play a few rounds of this fun card game.

Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.

All crafters welcome!

Advanced German

Friday, 2:30 p.m. - 3:30 p.m.

Join our weekly class.

Beginner Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.

Beginner class with Bonnie Deutch.

Beginner Line Dancing

Saturday, 10:15 a.m. - 11:15 a.m.

Beginner class with Bonnie Deutch.

Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.

Enjoy exercising with others. Sponsored by the Friends of the Library.

Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.

Know basic tai chi moves? Come to this weekly program to practice.

Bits & Bytes Computer Literacy

Monday 11:00 a.m. - 12:00 p.m.

Pop in to brush up on your computer skills.

Mahjong

Monday, 12:00 p.m. - 3:00 p.m.

If you know how to play this tile-based strategy game, come to the library and join in the fun!

Writing Wizards

Monday, 4:00 p.m. - 5:00 p.m.

Share your writing with other wonderful writers.

T(w)eens

LEGO Week

Monday- Friday

Monday - Thursday, 10-4pm

Free building with LEGOs.

Friday, 10:00 a.m. - 11:00 a.m.

Rice Crispy LEGOs!



NH Turtle Rescue

Join Dallas and Drew from New Hampshire Turtle Rescue and discover what makes our wild turtles so special and the challenges they're facing.

**Tuesday, August 11
@ 5:30PM**

Children

Storytime at the Beach

Wednesday 12:00 p.m. - 1:00 p.m.

Come to the Gilford beach for storytime and snacks.

(Gilford residents only)

Jonah Knight: Dinosaur Safari

Thursday, 4:00 p.m. - 5:30 p.m.

Enjoy a magical storytelling adventure and learn about dinosaurs.

Sensory Play

Friday, 10:30 a.m. - 11:30 a.m.

Explore the wonders of our five senses through this interactive playful program!

Nature Corner: Why Is the Middle of the Lake So Rough?

By Wendy Oellers-Fulmer

One day this past week, the lake looked wonderfully calm, so we headed out in our 16-foot aluminum boat. The ride was smooth as we left shore, but as we reached the middle of the lake, the water changed dramatically. Whitecaps surrounded us, and what had begun as a peaceful outing quickly became a very bumpy ride.

It made us wonder: How could the water be so calm just a half-mile from shore, yet so rough in the middle? The answer lies in how wind behaves over open water.

In the middle of a lake, the wind has a long, uninterrupted stretch of water, known as a fetch, over which to blow. Like an airplane needing a long runway to build speed, the wind has room to transfer more and more energy into the water, creating larger waves. Because there are no trees, hills, or buildings to slow it down, the wind often reaches its greatest strength over open water.

Near the shoreline, the opposite happens. Trees, hills, and buildings reduce the wind's speed before it reaches the water, limiting the energy available to build waves. Sheltered coves are naturally protected from the strongest winds, and the shallower water near shore also slows waves as they begin to drag along the lake bottom, reducing both their height and speed.

The next time you're standing on a quiet shoreline watching whitecaps farther out, you'll know the lake isn't playing tricks on you. It's simply the fascinating interaction between wind, water, and the landscape that surrounds it. There's a rock farther out on our lake crowned by an American flag. Next time we head out, we'll be watching to see whether it's waving proudly in the wind—offering a clue to the conditions ahead—or resting quietly, waiting for the next breeze to bring it to life.



Did you know... Gilford Old Home Day is on the horizon? This year's theme is 'No Place Like Home,' prompting an appreciation for the wonderful town and community that we've built over 200+ years. The library will be doing our part in fostering that community with our annual 'Pie and Ice Cream Sale' as well as our 'Old Home Day Book Sale.' We are still accepting donations for the book sale, limited to one box-per patron-per day. In addition, we are also in need of volunteers to staff both sales and would welcome your aid and interest.

www.gilfordlibrary.org



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