



October 7, 2025

The tantalizing delights of fall are dancing on the edges of our fingertips and are just on the horizon.

As we lead into the autumn months, we bring the programs you know and love to the library. On Wednesday the 8th, "Understanding Diabetes" will be at 10:30am, where a Hannaford dietician will detail how to mitigate the risk of contracting the disease, and how to deal with it once it has arrived. Then next Tuesday the 14th, you'll have the opportunity to cook and learn about some delightful fall dishes at "Cooking with Colleen" at 12:30pm, sign up required.

Don't let the autumn colors and weather mesmerize for too long or you'll miss out on our great programs.

**On the Librarian's
Nightstand:
The Bewitching
by Silvia Moreno-Garcia**

**Our lucky winner of the Library
Card Sign Up Month raffle!**



Red Fox: The Catlike Canine

SILVIA MORENO-GARCIA
NEW YORK TIMES BESTSELLING AUTHOR OF MEXICAN GOTHIC

THE BEWITCHING

"A thoroughly enjoyable book about power, privilege, dark magic, and the capacity for stories to transcend them all."

—Booklist, starred review

Strong Ground

by Brene Brown

Poems & Prayers

by Matthew McConaughey

Greenwich

by Katherine R. Boad

Hunter's Heart Ridge

by Sarah Stewart Taylor

The Secret Book Society

by Madeline Martin

The Lighthouse at the Edge of the World

by J. R. Dawson

Seven Reasons to Murder Your Dinner Guests

by KJ Whittle

The Marigold Cottages Murder Collective

by Jonathan Nichols

Red Fox- The Catlike Canine
October 15th @ 4pm



Come learn how foxes have thrived among us while offering glimpses into their daily lives.

Come learn how foxes have thrived among us while offering glimpses into their daily lives. These are spectacular creatures with surprising attributes and capabilities.

Wednesday, October 15 @ 4:00 p.m.

Understanding Diabetes

Absolution

A NOVEL



Alice McDermott

Book Discussion

THURSDAY

OCTOBER 16, 2025

5:30-6:30PM

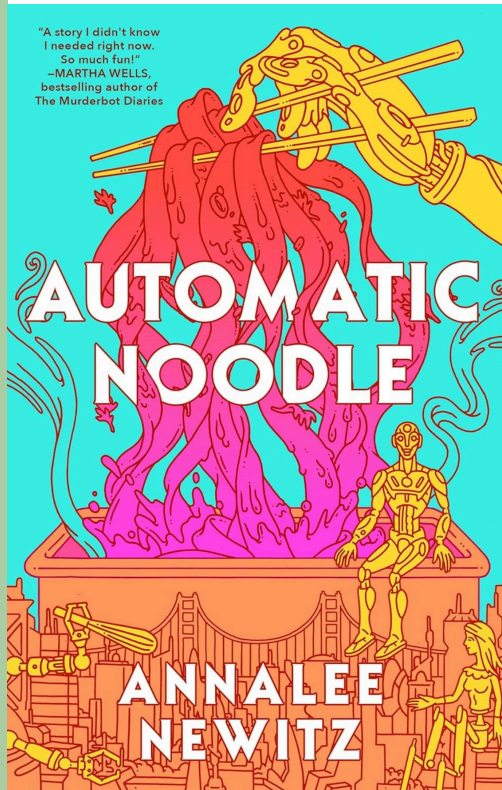
Led by Betty. Copies are available at the front desk. Get yours today!



This month's book is *Absolution* by Alice McDermott. Led by Betty; books are available at the front desk.

Thursday, October 16 @ 5:30 p.m.

Book of the Week:
Automatic Noodle
by Annalee Newitz



This delightful, short, sci-fi read follows a group of forgotten robots as they whirl back to life and begin to deliver quality food to a San Francisco neighborhood. Can they survive against a wave of resistance and thrive in a world not made for them?

Links of the Week

[The Most Read Books on Goodreads This Week](#)

[The Best New Books of October, According to Indie Booksellers](#)

[Chasing Cascades of Color: Top Family-Friendly Hikes and Scenic Drives in NH](#)

[The Best Events Happening in October in NH](#)

This Week at the Library

The Library will be closed on Monday, October 13 for the holiday.

Adults

Geri Fit

Today, 9:00 a.m. - 10:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

Senior Sculpt

Today, 10:00 a.m. - 11:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Bridge

Today, 10:00 a.m. - 12:00 p.m.
Play a hand or two of bridge.

Death Cafe

Today, 1:00 p.m. - 2:00 p.m.
A respectful discussion group led by Nurse Ruth O'Hara and Reiki Master Carol Wallace. Light refreshments.

Intermediate Line Dancing

Today, 4:00 p.m. - 5:00 p.m.
Line Dancing class with Bonnie.

Senior Stretch Yogaaah!

Wednesday, 9:00 a.m. - 10:00 a.m.
stretches. Sponsored by the Friends of the Library.

Library Trustees Meeting

Wednesday, 10:00 a.m. - 11:00

Card Games

Wednesday, 10:00 a.m. - 12:00
Play a few rounds of "Pay Me".

Check Out An Expert

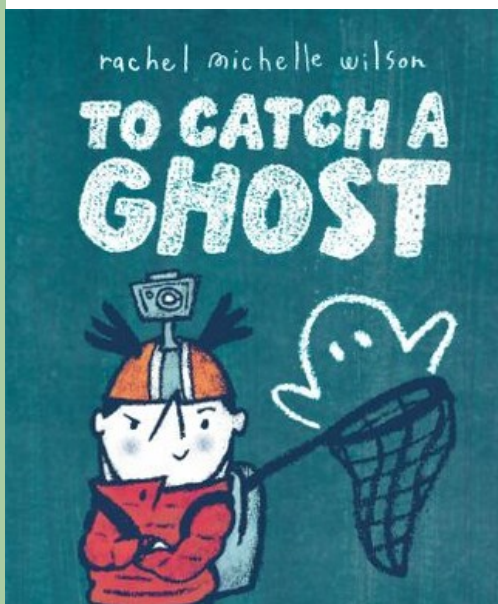
Wednesday, 10:00 a.m. - 12:00
Receive help with your computer or all things electronic.

**Understanding Diabetes:
Reducing Risk**

Children's Corner

Are you excited for Halloween? We are thrilled here at the library and don't want you to miss out on our spooky books on display. Additionally, we would like to share some haunting history on Halloween that will chill you right to the bone.

Featured Book: *To Catch A Ghost* by Rachel Michelle Wilson



Word of the Week

Impetuous
adjective

Acting without thought.

im-PECH-uh-wus

"Browsing the new books often leads to impetuous decisions, like bringing home five books when you only meant to grab two."

Upcoming Events

Wednesday, 10:30 a.m. - 11:30
A Hannaford dietician will discuss nutrition's role in diabetes and pre-diabetes.

Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.
Bring your supplies to work on your projects with other artists.

Geri Fit

Thursday, 9:00 a.m. - 10:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.
Enjoy exercising with others. Space is limited.

French Club

Thursday, 4:00 p.m. - 5:00 p.m.
Do you speak any French? Join this weekly club.

Senior Sculpt

Friday, 9:00 a.m. - 10:00 a.m.
Please bring your own 2 - 3 lb. dumbbell, a stretch band and water to drink during the workout.

Harvest Hope: A New England Chair Yoga Celebration Of Fall

Fridays, 10:00 a.m. - 11:00 a.m.
Join Lani Voivod for an eight week series for adults of all abilities.
September 5 - October 31.
\$60. Sign up required.

Bridge

Friday, 10:00 a.m. - 12:00 p.m.
Play a hand or two of bridge.

Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.
Come for a few rounds of this fun card game

Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.
All crafters welcome!

Advanced German

Friday, 2:30 p.m. - 3:30 p.m.
Join our weekly class for advanced conversational German.

Lower Intermediate Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.
Class with Bonnie Deutch.

Beginner Line Dancing

Fall into Exercise Social
October 21st @ 10:45

Light refreshments will be served.



Fall Into Exercise Social
Meet and socialize with all your friends from your exercise classes. Light refreshments will be served.
Tuesday, October 21
@ 10:45AM

Sleep Strategies

October 28th @ 10:45



Do you sleep? Do you struggle sleeping? Do you love sleeping?
Answer yes to any of those questions and this is the class for you!



Sleep Strategies
With Dr. Amanda of
Awakening Chiropractic.
Tuesday, October 28
@ 10:45AM

Discover Live
Ghosts, Ghouls and Grisly Tales
Yorkshire, England
October 30th @ 12:00



On this spine-tingling virtual tour, you'll explore haunted streets and chilling landmarks, encountering the lingering spirits that continue to fascinate and frighten locals and visitors alike.

Yorkshire, England
A spine-tingling virtual tour
of haunted streets and
chilling landmarks, just in
time for Halloween
Thursday, October 30
@ 12:00PM

Saturday, 10:00 a.m. - 11:00 a.m.
Class with Bonnie Deutch.

Children

Preschool Storytime

Today, 10:30 a.m. - 11:30 a.m.
Join Miss Linda for stories and fun activities.

Graphic Novel Newbies: Spooky Edition

Wednesday, 3:30 p.m. - 4:30 p.m.
Join Miss Erika and learn how to create your own graphic novel! 1st-4th grade.

Preschool Storytime

Friday, 10:30 a.m. - 11:30 a.m.
Join Miss Erika for a fun filled storytime.

T(w)eens

Dungeons And Dragons

Today, 3:00 p.m. - 4:30 p.m.
If you like wizards, dragons and caverns, join us every other Tuesday in the Teen room.
Costumes appreciated!

Now Showing: Coraline

Thursday, 3:00 p.m. - 5:00 p.m.
Come enjoy this spooky Fall favorite movie! Rated PG

Nature Corner: Shine On Harvest Moon

by Wendy Oellers-Fulmer

On Monday, October 6, we had the brightest and first supermoon of 2025, which will continue to illuminate the sky for several nights.

This supermoon also known as the "Harvest Moon", will appear the biggest and yellowest of 2025. It owes its moniker of Harvest Moon, to its relationship to the autumn equinox, where in earlier times before artificial lights, farmers would gather their crops under the light of the moon. Coincidentally, the timing of the Harvest moon reflects the moon's closest approach to the earth in it's 27-day orbiting cycle. You will also be able to see the constellation Pisces and planet Saturn gleaming in the night sky.



As it is rising, the moon will most likely seem a vibrant yellow-orange. The Earth's atmosphere scatters the shorter, blue tones of moonlight, which facilitates the longer, and redder wavelengths to shimmer through.

To discover more:

[The Harvest Moon Rises Tonight: See the 1st Supermoon of 2025 Brighten October's Sky](#)

[Moon Viewing Guide: What To Look For On the Lunar Surface](#)

[How To Photograph a Supermoon](#)

Did you know...how many people signed up for or renewed a library card this past month? National Library Card Sign Up Month took place in September and 119 different people either joined our family or recommitted themselves to the library. If you've been putting it off, don't wait till next sign up month, get your all access pass to the literary world today.

www.gilfordlibrary.org



Gilford Public Library | 31 Potter Hill Rd. | Gilford, NH 03249 US

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