



April 28, 2026

### Greetings!

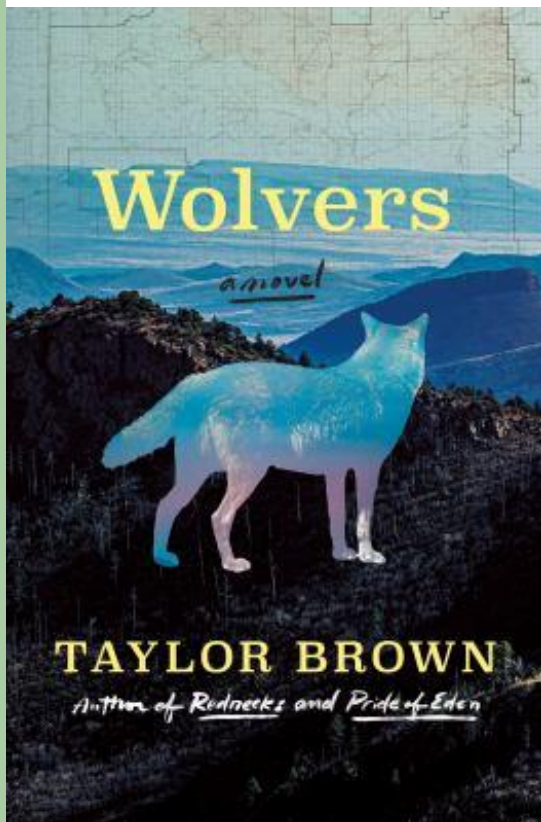
While you're still shaking off the malaise of winter weather, skip into the library for fun programs and good reads.

Later today we have a "Sing-A-Long With Susan" at 11am, where you can join in renditions of both country and classic songs. Next Monday brings our monthly "Bits and Bytes" at 11am, whose topic will be on e-readers, e-books, and personal library managers. Our monthly "Writing Wizards" will be at 4pm, giving you a chance to share your works. Lastly, the "Mystery Book Discussion" for *Death at the White Hart* will be at 5pm.

It's the cusp of spring and it cannot come fast enough.

### On the Librarian's Nightstand:

***Wolvers***  
by Taylor Brown



### Fire Truck Day!



---

### Cinco de Mayo Exercise Social

"Violent, tender, and thrilling *Wolvers* explores the battle between man, wolf, and nature... Brown's descriptions of the pitiless, dangerous beauty of the natural world, and of man's relationship to it, show a deep respect for the land. It's clear where his sympathies lie. He keeps our attention until the final, startling sentence."

**-The New York Times Book Review**

**A Disorganized Death**

by Simon Brett

**The Patchwork Players**

by Jennifer Chiaverini

**The Ending Writes Itself**

by Evelyn Clarke

**Love & Other Monsters**

by Emily Franklin

**Transcription**

by Ben Lerner

**Go Gentle**

by Maria Semple



Exercise Social - May 5<sup>th</sup> @ 11:00

*HAPPY CINCO De Mayo*

Stop by the meeting room to socialize with all your exercise buddies and enjoy some light refreshments and celebrate Cinco de Mayo!



Come celebrate Cinco de Mayo with your favorite work out buddies.

**Tuesday, May 5 @ 11:00AM**

**Lakes Region Nature**

**Lakes Region Nature**

**MAY 7<sup>TH</sup> @ 5:30**



John Gill will present a slide program celebrating the nature and beauty within our lakes region of NH.

© John Gill

John Gill will present a slide program celebrating the nature and beauty within our lakes region of NH.

**Thursday, May 7 @ 5:30PM**

**Book of the Week:**

*Son of Nobody*

by Yann Martel

**This Week at the Library**

**Adults**

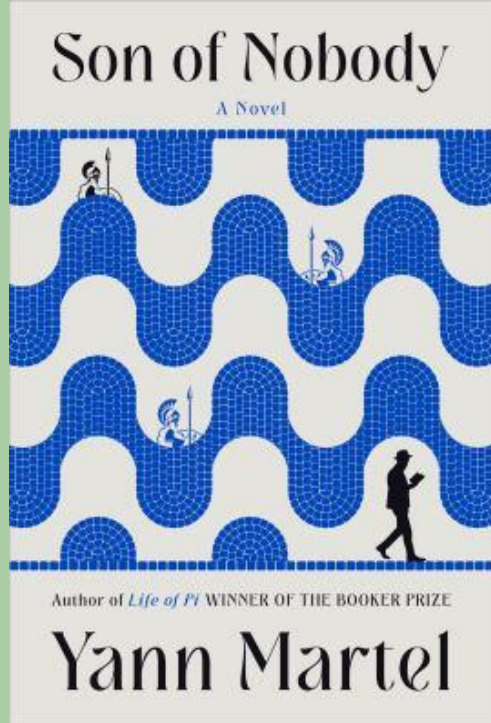
**Feel Good Fitness With Dottie**

Today, 9:00 a.m. - 10:00 a.m.

A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.

**Senior Sculpt**

Today, 10:00 a.m. - 11:00 a.m.



An accomplished translator and historian unearths and brings to light an ancient Greek epic for modern readers. Buried within the text however is a connection linking the story and the man's family bringing forth a whirlpool of emotions and impetus. A moving read focused on the importance and evolution of stories, and the prices we pay to tell them.

### Links of the Week

[A Jaunt Through Hyper-Specific Historical Eras...with Books!](#)

[Farm-Grown Homecoming Seeds Launches in Northfield VT](#)

[The 2026 Shortlist for The Carol Shields Prize for Fiction](#)

### Children's Corner

**Are you bored at home** and not sure what activities and/or projects that you can do with your kids? [Let Grow DIY](#) provides a ton of crafts/projects ideas for the whole family!

**Featured Book:** *When You Dream Big!* by Peter Reynolds

Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

### Sing-a-long with Susan

Today, 11:00 p.m. - 12:00 p.m.  
Come and join Susan Galeckas for a fun afternoon of singing some of your favorite country and old fashion music!

### Line Dancing

Today, 4:00 p.m. 5:00 p.m.  
Lower intermediate class with Bonnie Deutch.

### Geri Fit

Wednesday, 9:00 a.m. - 10:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water.

### Senior Stretch Yogaah!

Wednesday, 10:00 a.m. - 11:00  
Join Lani Voivod for a relaxing and rejuvenating yoga class designed specifically for seniors!

### Card Games

Wednesday, 10:00 a.m. - 12:00  
Play a few rounds of "Pay Me".

### Check Out An Expert

Wednesday, 10:00 a.m. - 12:00  
Receive help with your computer and all things technology.

### Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.  
Bring your supplies to work on your projects with other artists.

### Senior Sculpt

Thursday, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

### Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.  
Enjoy exercising with others. Sponsored by the Friends of the Library.

### French Club

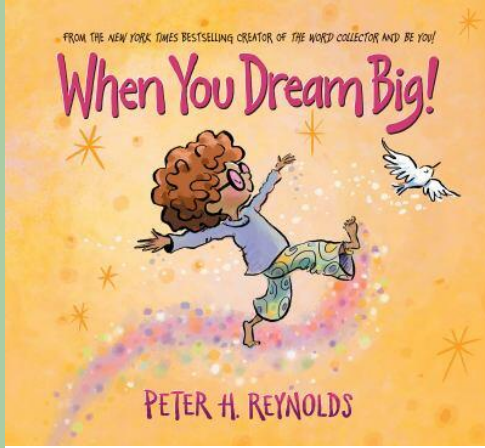
Thursday, 4:00 p.m. - 5:00 p.m.  
Join the ongoing conversational French Group.

### Geri Fit

Friday, 9:00 a.m. - 10:00 a.m.  
A workout for 55+. Bring a 2 - 3 lb. dumbbell, stretch band and water.

### Rooted & Rising Chair Yoga

Friday, 10:00 a.m. - 11:00 p.m.



## Word of the Week

### Adulation

*noun*

Extreme or excessive admiration, flattery, or praise.

aj-uh-LAY-shun

"The triumphant players were greeted with shouts of adulation."

## Upcoming Events

Pollinators and Plants  
May 12<sup>th</sup> @ 5:30



Discover what could happen to pollinators and plants if the pollinator population continues to decline. Presented by MI Audubon.

### Pollinators and Plants

Discover what could happen to pollinators and plants if the pollinator population continues to decline.

**Tuesday, May 12**  
**@ 5:30PM**



This is the first session of an 8-week paid spring chair yoga activation series, sign-up required.

### Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.

Come play a few rounds of this fun card game.

### Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.

All crafters welcome!

### Advanced German

Friday, 2:30 p.m. - 3:30 p.m.

Join our weekly class for advanced conversational German.

### Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.

Lower intermediate class with Bonnie Deutch.

### Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.

Enjoy exercising with others. Sponsored by the Friends of the Library.

### Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.

Know basic tai chi moves? Come to this weekly program to practice.

### Mahjong

Monday, 12:00 p.m. - 3:00 p.m.

If you know how to play this tile-based strategy game, come to the library and join in the fun!

## T(w)een

### Home School Group

Today 12:00 p.m. - 1:30 p.m.

Meeting every other Tuesday, our Home School Group always has something fun going on!

## Children

### Mrs. Hayes Art Day

Tuesday 2:00 p.m. - 3:00 p.m.

Make your own kaleidoscope & decorate it!

### Maypole

Friday 2:00 p.m. - 3:00 p.m.

Sponsored by the Friends of the Library, celebrate the beautiful weather by

## Grades 5+ Early Release: Dirt Cups

For this month's early release we are enjoying delicious dirt cups!

Friday, May 15  
@ 1:00PM

weaving colorful ribbon around the pole and decorating it with flowers!

## Nature Corner: Signs of Spring-#6 Lawn Chemicals Threaten Water, Wildlife, and Health

By Wendy Oellers-Fulmer

This time of year, many of us head outdoors to get our yards cleaned. On a recent walk, we passed a home where the grass had been recently sprayed with chemicals by one of the companies that promise lush, green, bug and weed free lawns. While I understand the aesthetic value of a "perfect", pest free lawn, I wonder if homeowners fully understand the impact of these chemicals-not only on the environment, but for our pets, wildlife and our own health.



- 1. Soil and Ground Water Pollution**-Lawn chemicals can last for years, in the soil and gradually leaching into groundwater, affecting drinking sources over time.
- 2. Harmful to Pollinators and Wildlife**-Herbicides and insecticides are not selective. While they may target insects or weeds, they also harm beneficial pollinators like bees and butterflies—species essential to our ecosystems. When insect populations decline due to pesticide use, birds suffer as well. According to the U.S. Fish and Wildlife Service and the National Audubon Society, an estimated 7 million birds are killed each year due to household pesticide use.
- 3. Waterway Contamination**-Fertilizers have high levels of nitrogen and phosphorous. When these nutrients wash into nearby streams, ponds and lakes, they create a "superfood" for algae. The algae blooms and eventually dies creating "dead zone", where no aquatic life can survive.
- 4. Danger to Pets, Wildlife and Human Health**-Exposure to lawn chemicals have been linked to severe health issues including cancer—for wild mammals, pets, and humans alike who come into direct contact with treated grass, contaminated soil, or water.

A beautiful , healthy lawn doesn't have to come at such a cost. There are effective alternatives that support both aesthetic values and our environment.

<https://blog.nwf.org/2024/08/dangers-of-lawn-chemicals-impacts-and-alternatives/>  
It is worth considering what we are putting on our lawns, and its actual cost to the world around us.

**Did you know...**we sell used books and DVDs all year round? If you venture downstairs through the children's room you will come upon the Bookworm Store. Managed by the Friends of the Library, you can find great deals on used books, either weeded from our collection, or excess donations that we receive. Hardcover, DVDs and puzzles are a dollar each, while children's material and paperbacks are .50 cents. All proceeds go towards sponsoring great programs and new library resources.

[www.gilfordlibrary.org](http://www.gilfordlibrary.org)



Gilford Public Library | 31 Potter Hill Rd. | Gilford, NH 03249 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!