



April 7, 2026

Greetings!

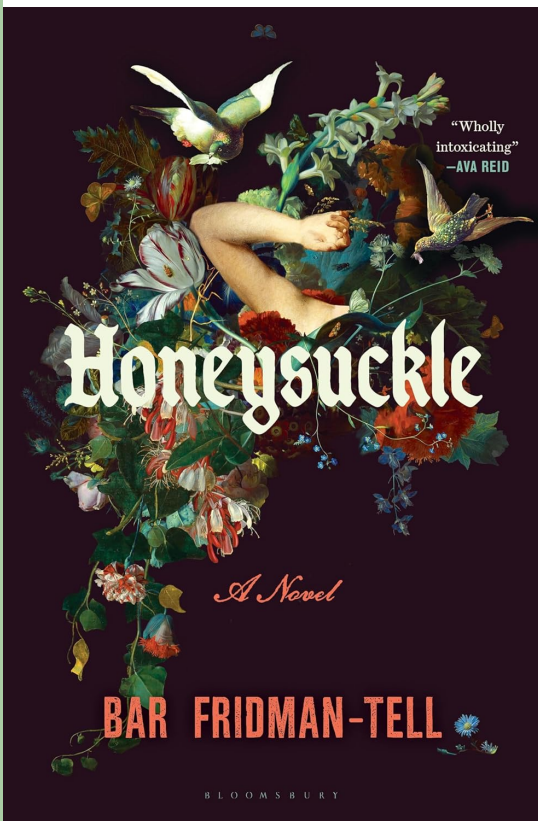
While we're all looking forward to the fabled 'May flowers' we have our own little bouquet of programs to offer, even one including actual bouquets.

On Thursday at 5:30pm we have a "Decluttering and Organizing Seminar" helping you with strategies for your yearly spring cleanings. Also this week, the application deadline for "Books in Bloom" is on Friday, which is a special contest where you design and create a flower arrangement based on a particular book. You can find signup sheets and details at the front desk.

April is filled to the brim with great programs and your cup will surely runneth over.

On the Librarian's Nightstand:

Honeysuckle
by Bar Frieman-Tell



The Bunny Hop Storywalk



History of the Southern Isles of Lake
Winnepesaukee

"Lush and romantic with a hint of darkness, this unsettling tale of desire, power and fear is inspired by ancient Welsh mythology." —*Barnes & Noble, "Best Books of March 2026"*

Whidbey
by T. Kira Madden

The Moonlight Runner
by Karen Robards

Wolf Worm
by T. Kingfisher

The Night We Met
by Abby Jimenez

Finlay Donovan Crosses The Line
by Elle Cosimano

This Story Might Save Your Life
by Tiffany Crum

Served Him Right
by Lisa Unger

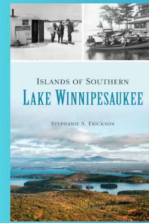
Daughter Of Egypt
by Marie Benedict

History of the Islands of Southern Lake Winnepesaukee



April 14th @ 5:30

Rescheduled from January 27th

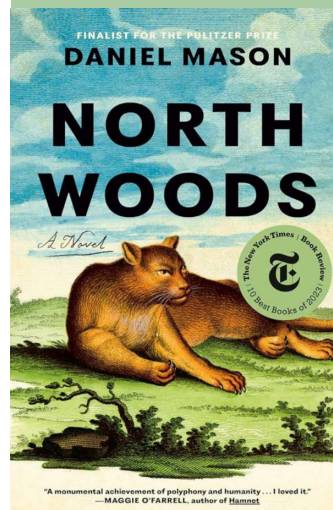


Local author and islander Stephanie Erickson shares the history of the islands.

Local author and islander Stephanie Erickson shares the history of the islands.

Tuesday, April 14 @ 5:30PM

Book Discussion: North Woods



Book Discussion

THURSDAY
APRIL 16, 2026
5:30-6:30PM

Led by Betty. Copies are available at the front desk. Get yours today!



Copies are available at the front desk so get yours today!

Thursday, April 16 @ 5:30PM

DVD of the Week: *The Running Man*

This Week at the Library

Adults

Feel Good Fitness With Dottie

Today, 9:00 a.m. - 10:00 a.m.

A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.

Senior Sculpt

Today, 10:00 a.m. - 11:00 a.m.



A modern remake of the classic sci-fi flick, brings an explosive, adrenaline pumping, carnival of violence back to the screen.

Can a man on the world's most dangerous game show survive and make it back to his family, all the while putting on the show of a lifetime?

Links of the Week

[NH Resident that is 109 and Still Going Strong](#)

[The Goodreads Editors Share Their April Book Picks](#)

["Project Hail Mary" Film, Based Off the Novel by Andy Weir, Earns \\$300 Million at Global Box Office](#)

Children's Corner

Does your little one want to learn how to bake or loves baking with you? Here are a few yummy and easy recipes that your child will love and so will you: [15-toddler-recipes-to-make-together](#). Also, we have books here about baking with kids!

Bring a 2 - 3 lb. dumbbell, stretch band and water. For ages 55+.

Adult Craft: Wooden Mushrooms

Today, 1:00 p.m. - 2:00 p.m.

Create your own mushroom to decorate a garden or terrarium. Class is Full.

Death Cafe

Today, 1:00 p.m. - 2:00 p.m.

A supportive discussion group led by Ruth O'Hara, RN.

Beginner Line Dancing

Today, 4:00 p.m. 5:00 p.m.

Geri Fit

Wednesday, 9:00 a.m. - 10:00 a.m.

Please bring your own 2-3 pound dumbbell, a stretch band, and water.

Senior Stretch Yogaaah!

Wednesday, 10:00 a.m. - 11:00

Lani Voivod will lead a relaxing and stretching class designed for seniors.

Sponsored by the Friends of the Library.

Trustee Meeting

Wednesday, 10:00 a.m. - 11:00 a.m.

Card Games

Wednesday, 10:00 a.m. - 12:00

Play a few rounds of "Pay Me".

Check Out An Expert

Wednesday, 10:00 a.m. - 12:00

Receive help with your computer and all things technology.

Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.

Bring your supplies to work on your projects with other artists.

Senior Sculpt

Thursday, 9:00 a.m. - 10:00 a.m.

Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.

Enjoy exercising with others. Space is limited.

French Club

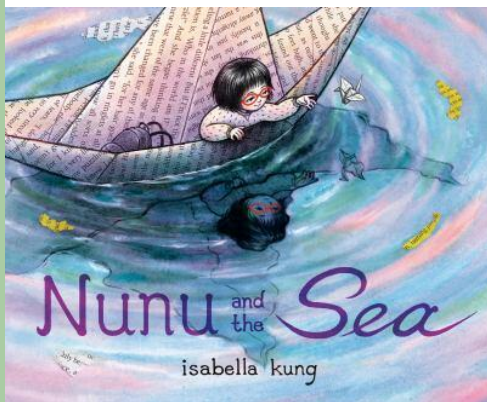
Thursday, 3:00 p.m. - 4:00 p.m.

Join the ongoing conversational French Group.

Decluttering and Organized Seminar

Thursday, 5:30 p.m. - 6:30 p.m.

Featured Book: *Nunu and the Sea* by Isabella Kung



Word of the Week

Endemic
adjective

Something that grows or exists in a certain place or area, and often specifically something restricted to a particular locality or region

en-DEM-ik

"Wild giant pandas are endemic to just three provinces in south-central China."

Upcoming Events



April 22nd @ 4:00pm

Joy is not something we earn, it's something we allow.
Join Carol Wallace and Dottie Bergeron
for some fun in reconnecting our joy!

Awaken your Joy
Join Carol Wallace and Dottie
Bergeron for some fun in
reconnecting our joy!
Wednesday, April 22
@ 4:00PM

This uplifting seminar is designed to help those who are ready to simplify their spaces and create more ease in their daily life. Presented by Bank of NH Prestige Plus.

Geri Fit

Friday, 9:00 a.m. - 10:00 a.m.
A workout for 55+. Bring a 2 - 3 lb. dumbbell, stretch band and water.

Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.
Come play a few rounds of this fun card game.

Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.
All crafters welcome!

Advanced German

Friday, 2:30 p.m. - 3:30 p.m.
Join our weekly class for advanced conversational German.

Beginner Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.
Lower intermediate class with Bonnie Deutch.

Beginner Line Dancing

Saturday, 10:15 a.m. - 11:15 a.m.
Class with Bonnie Deutch.

Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.
Enjoy exercising with others. Sponsored by the Friends of the Library.

Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.
Know basic tai chi moves? Come to this weekly program to practice.

Mahjong

Monday, 12:00 p.m. - 3:00 p.m.
If you know how to play this tile-based strategy game, come to the library and join in the fun!

Children

Preschool Storytime

Today, 10:30 a.m. - 11:30 a.m.
Listen to fun stories and make cute crafts with Miss Linda!

Early Release: Wooden Magnets

Wednesday, 1:30 p.m. - 2:30 p.m.

Homeschool Lego Club



Books in Bloom Reception

We will be announcing the winner of the Books in Bloom contest and serving light refreshments.

**Friday, April 24
@ 12:30PM**

Sing-a-long with Susan April 28th @ 11:00



Join Susan Galeckas for a fun afternoon of singing some of your favorite country and old fashion music!

Sing-a-long with Susan

Join Susan Galeckas for a fun afternoon of singing your favorite country and old fashion music.

**Thursday, April 28
@ 11:00AM**

Thursday, 1:00 p.m. - 2:00 p.m.
Connect, collaborate and create with other kids!
Ages 5 - 12

Preschool Storytime

Friday, 10:30 a.m. - 11:30 a.m.
Connect with other kids in a fun-filled storytime with Miss Erika!

T(w)een

Dungeons And Dragons

Today, 3:00 p.m. - 4:30 p.m.
Join our every other Tuesday group.
Costumes encouraged!

Tween Early Release: Egg Hunt

Wednesday 1:00 p.m. - 2:00 p.m.
Join others for a classic egg hunt!

Nature Corner: Signs of Spring #3 -American Goldfinches

By Wendy Oellers-Fulmer

We have between 30-50 goldfinches (*Spinus tristis*) at our feeders daily, and they are ravenous as seen by the amount of seeds we're going through.

There is a definite reason for this feeding frenzy, for at the same time, we are witnessing these little birds going through a color change, with their tell-tale bright yellows emerging.

Their winter plumage of a dull, olive-brown is being transformed, with splotches of bright yellow peeking through. This phenomena is not simply a color change though, the goldfinches are replacing every single feather on their bodies, one at a time.



This process, called a prealternate molt, is when they shed completely and grow an entirely new plumage. As each feather loosens from its follicle and falls out, a new one protected by a waxy keratin casing replaces it. The casing will then split and the barbs begin to unfurl. It takes 7-10 days to complete the new feathers while the entire process of complete molting is over three weeks.

It takes a lot of food to support the calories needed, which are 1.5 times a normal rate, so high that only migration and egg production need more. While the goldfinches are eating more, they are also resting more to conserve their energy.

Some Fun Facts for you:

Fun fact #1: The American Goldfinch is the only member of its subspecies in the Finch family that go through a prealternate molt.

Fun fact #2: Their vibrant yellows come from the food they eat with the Carotenoids digested from primarily sunflower & nyjer seeds and dandelions. Females seem to recognize that a brighter yellow means that the male has a better diet, hence is a better forager and partner.

Fun fact #3: American Goldfinches wait until June or July to breed. They wait until plants like milkweed, thistle and other plants produce their fibrous seeds, which the goldfinches use for nest building as well as feeding their young.

To discover more visit the [Cornell Lab of Ornithology](#).

Did you know...about [Libby Reads](#)? For a brief time, the lending restrictions are lifted for a particular title on Libby so that everyone can share in the same great book. For this week it is "Meet the Neighbors" by Brandon Keim. They'll be even more in the future so check out the [Overdrive website](#) for information on the next loan period and title.

www.gilfordlibrary.org



Gilford Public Library | 31 Potter Hill Rd. | Gilford, NH 03249 US

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