



June 2, 2026

### Greetings!

This week at the library we are not only up to our usual shenanigans, but we are also going to hype you up on the big business coming this month.

Later today we have "Beginner Line Dancing" at 4pm for those of you that want to cut loose and groove. Wednesday brings us "Senior Stretch Yoga" with the amazing Lani Voivod at 10am followed by "Fun and Fitness with Joyce" Thursday at 10am. For bigger events to look forward to, the 24th is the "Summer Reading Kickoff!" We'll have festivities and fun for all ages including the Kona Ice Truck, a bounce house, and your chance to get a look at how the program will be working this year. It's a whole new spin on summer reading and we cant wait to show it to you.

We are already buzzing to get started on all the summer reading fun, and we hope you are too.

### On the Librarian's Nightstand:

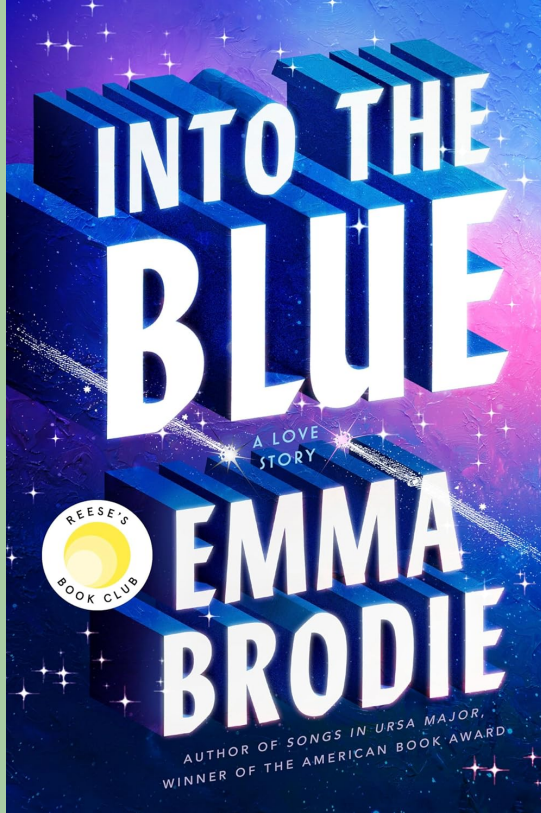
*Into The Blue*  
by Emma Brodie

### Exploding a Watermelon



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The House as Witness



“From its fun, entertainment-world setting to its real, raw characters and plotlines, *Into the Blue* will rip your heart open and stitch it back together while you thank it profusely. . . . It may just be my favorite romance book of all time.”  
 —*The Everygirl*

**The Hill**  
 by Harriet Clark

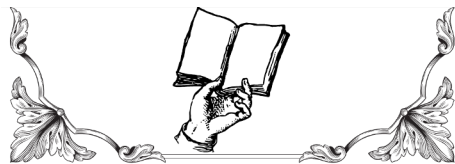
**The Last Mandarin**  
 by Louise Penny and Melissa Fung

**The Uncool**  
 by Cameron Crowe

**On Witness and Repair**  
 by Jesmyn Ward

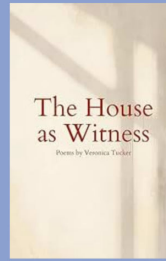
**The Shippers**  
 by Katherine Center

**The Foursome**  
 by Christina Baker Kline



The House As Witness

June 9<sup>th</sup> @ 5:30



The House as Witness is a lyric poetry chapbook by Veronica Tucker that explores the emotional architecture of home, family, and memory.

The House as Witness is a lyric poetry chapbook by Veronica Tucker.

Tuesday, June 9 @ 5:30PM

### Navigating the Mental Health System in NH

Navigating the Mental Health System in NH  
 June 10<sup>th</sup> @ 4:00



Come learn more about the different levels of mental health care available in New Hampshire.

Frisbie Memorial Hospital



Come learn about the different levels of mental health care available in NH.

Wednesday, June 10 @ 4:00PM

**DVD of the Week:**  
*Killers of the Flower Moon*



Set during the early 1900's, the film follows the murders of several Osage tribespeople after oil is found on their land and the subsequent investigations into the corruption that spawned such violence. Riveting and powerful, it's a wonderful adaptation of the book and look back into America's bloody history.

**Links of the Week**

[10 New Books Recommended by Readers This Week](#)

[Come to Downtown Laconia and Enjoy Live Music on the Outdoor Stage!](#)

[Laufey Takes Center Stage as Honorary Chair of Library Card Sign-up Month 2026](#)

**Children's Corner**

**It's time to play** in your garden with your kids! Don't know how to go about gardening with your little ones? No worries, you can visit this website: [Your Go-To Guide for Gardening With](#)

**This Week at the Library**

**Adults**

**Feel Good Fitness With Dottie**

Today, 9:00 a.m. - 10:00 a.m.  
A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.

**Senior Sculpt**

Today, 10:00 a.m. - 11:00 a.m.  
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

**Beginner Line Dancing**

Today, 2:30 p.m. 3:30 p.m.  
Dance class with Bonnie Deutch.

**Geri Fit**

Wednesday, 9:00 a.m. - 10:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water.

**Senior Stretch Yogaah!**

Wednesday, 10:00 a.m. - 11:00  
Join Lani Voivod for a relaxing and rejuvenating yoga class designed specifically for seniors!

**Card Games**

Wednesday, 10:00 a.m. - 12:00  
Play a few rounds of "Pay Me".

**Check Out An Expert**

Wednesday, 10:00 a.m. - 12:00  
Receive help with your computer and all things technology.

**Paint Group**

Wednesday, 12:00 p.m. - 2:30 p.m.  
Bring your supplies to work on your projects with other artists.

**Senior Sculpt**

Thursday, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

**Fun and Fitness With Joyce**

Thursday, 10:00 a.m. - 11:00 a.m.  
Enjoy exercising with others. Sponsored by the Friends of the Library.

**French Club**

Thursday, 4:00 p.m. - 5:00 p.m.  
Join the ongoing conversational French Group.

Children. There's a ton of fun ideas and activities that are all about gardening. Also, for some stories on gardening, you can check out some ebooks and audiobooks on Libby!

**Featured Book:** *Summer Solstice Wish* by Kate Allen Fox



### Word of the Week

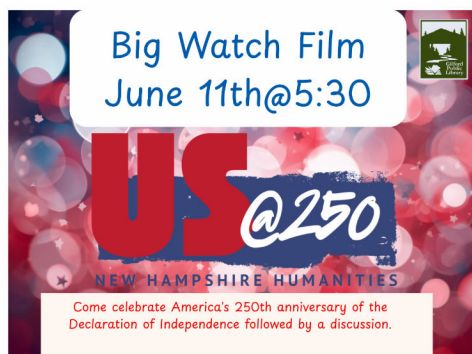
**Effulgent**  
*adjective*

Radiant or shining.

ih-FUHL-juhnt

"The effulgent sun peeked over the horizon, casting a brilliant glow across the morning sky."

### Upcoming Events



**Big Watch Film**  
Come celebrate America's 250th anniversary with a film and discussion!  
**Thursday June 11**  
**@ 5:30PM**

### Geri Fit

Friday, 9:00 a.m. - 10:00 a.m.  
A workout for 55+. Bring a 2 - 3 lb. dumbbell, stretch band and water.

### Rooted & Rising Chair Yoga

Friday, 10:00 a.m. - 11:00 p.m.  
Spring chair yoga activation series, sign-up and fee required.

### Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.  
Come play a few rounds of this fun card game.

### Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.  
All crafters welcome!

### Advanced German

Friday, 2:30 p.m. - 3:30 p.m.  
Join our weekly class.

### Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.  
Lower intermediate class with Bonnie Deutch.

### Beginner Line Dancing

Saturday, 10:15 a.m. - 11:15 a.m.  
Lower intermediate class with Bonnie Deutch.

### Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.  
Enjoy exercising with others. Sponsored by the Friends of the Library.

### Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.  
Know basic tai chi moves? Come to this weekly program to practice.

### Mahjong

Monday, 12:00 p.m. - 3:00 p.m.  
If you know how to play this tile-based strategy game, come to the library and join in the fun!

### T(w)een

### Dungeons & Dragons

Today, 3:00 p.m. - 4:30 p.m.  
Join the fun every other Tuesday.  
Costumes encouraged.

### Chocolate Strawberries

Thursday, 3:00 p.m. - 1:30 p.m.  
Kick off summer with this tasty treat.

*What the Declaration of Independence  
Offers U.S. Social Movements  
June 16<sup>th</sup> @ 5:30*



We'll consider how the language of the Declaration guides social movements.



### **What the Declaration of Independence Offers U.S. Social Movements**

We'll consider how the language of the Declaration of Independence guides us to protect each other's unalienable rights.

**Tuesday, June 16  
@ 5:30PM**

## **Children**

### **Preschool Storytime**

Today 10:30 a.m. - 11:30 a.m.

Join Miss Linda for spring stories and silly crafts!

### **Homeschool Lego Club**

Wednesday 1:00 p.m. - 2:00 p.m.

Connect, collaborate and create with other kids ages 5 - 12.

### **Painting & Poetry**

Thursday, 3:30 p.m. - 4:30 p.m.

Join Miss Linda for a special program painting poetry.

### **Preschool Storytime**

Friday, 10:30 a.m. - 11:30 a.m.

Connect with other kids at Miss Erika's storytime.

### **Baby Storytime**

Monday, 10:00 a.m. - 10:30 a.m.

Join Miss Jill for fun stories, songs and rhymes.

## **Nature Corner: Pink Lady Slippers, Beauty Built on Patience**

By Wendy Oellers-Fulmer

An iconic sign of spring in New England (not to mention New Hampshire's State wildflower,) Pink Lady Slippers are surprisingly vulnerable and are classified as a species of special concern in many areas.

From seed to flower, it can take anywhere from 10 to 16 years for a Pink Lady Slipper to bloom. Unlike most plants, their tiny seeds contain no stored food and must rely on a specific soil fungus to provide nutrients during their early growth. This dependence is one reason transplanting Pink Lady Slippers has a success rate of less than 5 percent.

The good news is that once established, these woodland orchids can live for more than 50 years.

While ants help disperse the seeds of some spring wildflowers, as discussed in last week's Nature Corner, bumblebees play an important role in the pollination of Pink Lady Slippers. Attracted by the flower's color and scent, a bumblebee squeezes into the pouch-like blossom in search of nectar. Once inside, however, it discovers there is no reward. To escape, it must crawl toward an opening near the top of the flower, brushing against the reproductive structures as it exits.



Because only large, strong insects can navigate this route, and because the flowers offer no nectar, only about 5 percent of Pink Lady Slippers are successfully pollinated.

Considering the many years it takes these woodland beauties to reach maturity and their conservation status, they serve as an important reminder to admire but never pick or transplant these remarkable native orchids.

To discover more about Pink Lady Slippers and their conservation status check out the [University of New Hampshire's article](#) on the matter.

**Did you know...**we exercise programs every day? Whether you're looking to do a little yoga, unwind with some tai chi, or do some light aerobics then the library has you covered. Every day of the week has something different for you to enjoy and get the blood pumping. Take a look at our calendar for all the times and specific offerings.

[www.gilfordlibrary.org](http://www.gilfordlibrary.org)



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