



June 30, 2026

Greetings!

Summer Reading is underway and there are activities to enjoy and badges to earn!

You can accomplish both by attending some of our great offerings such as "Flight of Remembrance Part II," where Marina Kirsch will be joining us once again and completing the story of her family's journey to the United States in the wake of WWII. Or, come on Monday the 6th to "Bits and Bytes Computer Literacy" at 11am, going over basic phone literacy. There is also the monthly meeting of "Writing Wizards" at 4pm, giving you a chance to share your work. We also have the mystery book discussion for "Fortune Favors the Dead" by Stephen Spotswood at 5pm.

Independence Day is this weekend and the library will be closed both Friday, July 3rd and Saturday, July 4th for the holiday. We hope to see you throughout the month for more Summer Reading fun!

On the Librarian's Nightstand:

Voyagers

by Meg Charlton

Summer Reading, a slippery slope
into literary addiction!

[Sign up here!](#)



Farm to Table Exercise Social

VOYAGERS



A NOVEL BY MEG CHARLTON

"Charlton's fascinating near-future debut puts a well-researched and deeply introspective spin on a familiar alien abduction scenario....This satisfying deep dive into the worlds of ufology and child stardom is sure to hook fans of first contact stories."

- *Publishers Weekly*

Babylon, South Dakota

by Tom Lin

Pool House

by Mary H. K. Choi

North Of Ordinary

by Sue Aikens

No Way Home

by TC Boyle

How To Not Know

by Simone Stolzoff

Little Wonder

by Sophie Chen Keller

DVD of the Week:
"Send Help"



Come socialize with your exercise buddies and enjoy some farm to table goodies.

Wednesday, July 8 @ 11:30AM

Squam Lakes Science Center



Squam Lakes Science Center will be bringing beautiful animals to show and teach us all about them!

Thursday, July 9 @ 4:00PM

**This Week at the
Library**



Two work colleagues get stranded on a deserted island and the power dynamics they once occupied have been flipped on their head. Darkly funny and thrilling, this is a fun watch.

Links of the Week

[7 New Books Recommended by Readers This Week](#)

[Celebrate the 4th at the Weirs Beach Fireworks Show!](#)

[The long and winding road to safe highways: Inside the global movement to reconnect habitat](#)

Children's Corner

We want to know which programs were your favorite this year so far! Post a picture of the program or event on Facebook or Instagram and tag us. Don't have a picture? That's okay! Let us know the next time you come to the library and don't forget to share any program ideas that you would like to participate in the future.

Adults

Feel Good Fitness With Dottie

Today, 9:00 a.m. - 10:00 a.m.

A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.

Senior Sculpt

Today, 10:00 a.m. - 11:00 a.m.

Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Bridge

Today, 10:00 a.m. - 12:00 p.m.

Line Dancing

Today 4:00 - 5:00 p.m.

Beginner class with Bonnie Deutch.

Flight Of Remembrance Part 2 - Post WWII Immigration

Today, 5:30 p.m. - 6:30 p.m.

Author Marina Kirsch will present part 2 of her family's postwar experiences.

Geri Fit

Wednesday, 9:00 a.m. - 10:00 a.m.

Please bring your own 2-3 pound dumbbell, a stretch band, and water.

Senior Stretch Yogaah!

Wednesday, 10:00 a.m. - 11:00

Join Lani Voivod for a relaxing and rejuvenating yoga class designed specifically for seniors!

Card Games

Wednesday, 10:00 a.m. - 12:00

Play a few rounds of "Pay Me".

Check Out An Expert

Wednesday, 10:00 a.m. - 12:00

Receive help with your computer and all things technology.

Paint Group

Wednesday, 12:00 p.m. - 2:30 p.m.

Bring your supplies to work on your projects with other artists.

Senior Sculpt

Thursday, 9:00 a.m. - 10:00 a.m.

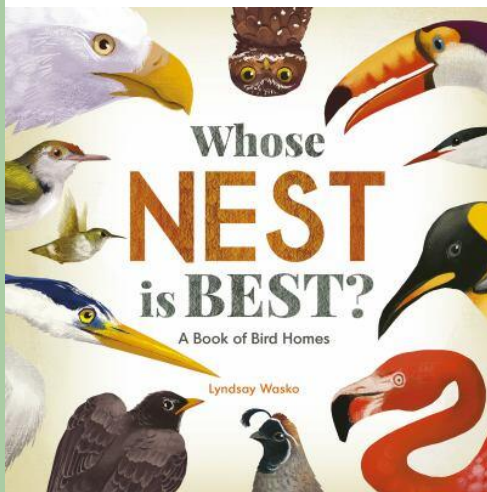
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.

Enjoy exercising with others. Sponsored by the Friends of the Library.

Featured Book: *Whose Nest Is Best?* by Lyndsay Wasko



Word of the Week

Hector
verb

To criticize or question them in a threatening way.

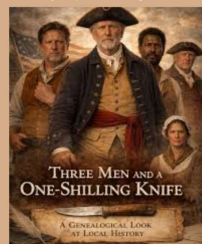
HEK-ter

"The judge ordered the attorney to stop hectoring the witness."

Upcoming Events

A Genealogical look at Local History

July 15th @ 4:00



This engaging program uses a dramatic 1788 tavern killing in New Durham to show how genealogists uncover the stories from the past.

A Genealogical Look at Local History: Three Men and a One-Shilling Knife

This engaging program uses a dramatic 1788 tavern killing in New Durham to show how genealogists uncover the stories from the past.

**Monday, July 15
@ 4:00PM**

French Club

Thursday, 4:00 p.m. - 5:00 p.m.

Join the ongoing conversational French Group.

Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.

Enjoy exercising with others. Sponsored by the Friends of the Library.

Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.

Know basic tai chi moves? Come to this weekly program to practice.

Bits And Bytes Computer Literacy

Monday, 11:00 a.m. - 12:00 p.m.

Come to brush up on your computer skills.

Mahjong

Monday, 12:00 p.m. - 3:00 p.m.

If you know how to play this tile-based strategy game, come to the library and join in the fun!

Writing Wizards

Monday, 4:00 p.m. - 5:00 p.m.

Come share your work with other wonderful writers.

Mystery Book Group - Fortune Favors the Dead

Monday, 5:00 p.m. - 6:00 p.m.

Betty Tidd will lead the discussion of this book by Stephen Spotswood.

T(w)een

Garden Week

Tuesday - Wednesday, 10-4pm.

Drop in to plant your own strawberries. And be sure to come on Thursday at 10 a.m. - 11 a.m. to enjoy some dirt cups!

Dirt Cups

Thursday, 10:00 a.m. - 11:00 a.m.

Celebrate the end of Garden Week and enjoy some dirt cups!

Tea Party Week

Monday 7/6 thru Friday 7/10 10-4pm.

Come any day to make a paper tea cup then join us on Friday for bubble tea and pink lemonade.

Children

Summer Camp Storytime

Today 10:30 a.m. - 11:00 a.m.



Better For You, BBQ!

Join us for fun ways to serve up more nutrition at your next backyard bbq. Presented by Hannafords.

**Wednesday, July 22
@ 11:30AM**

Join the summer camp crew with stories with Miss Linda

Storytime at the Beach

Wednesday 12:00 p.m. - 1:00 p.m.
Come to the Gilford beach for storytime and snacks.
(Gilford residents only)

Build A Bouquet

Thursday, 10:30 a.m. - 11:30 a.m.
Join in the family fun by picking your own flowers and building a bouquet.

Baby Storytime

Monday 10:00 a.m. -10:30 a.m.
Join in the interactive storytime with Mill Jill.

Nature Corner: The Pollen Buffet

By Wendy Oellers-Fulmer

One morning, the shoreline outside our camp was covered with a thick yellow layer of pollen. As a mother Black Duck led her family into the shallows, the ducklings immediately began poking their bills into the floating slick, appearing to feast on the pollen itself.



In researching this unusual phenomenon, we learned that we were actually witnessing a form of feeding called dabbling or filter feeding. The ducklings were most likely seeking the microscopic aquatic insects and other protein-rich organisms. At this stage of development, ducklings are insectivores and need a great deal of protein.

The pollen forms a sticky layer that creates a literal duckling buffet. On the menu, insect larvae and pupae, water striders, mites, aphids, mayflies, midges and micro-crustaceans.

While it appeared that they were drinking the pollen water, they rarely swallow it. Inside the ducklings' bills are tiny, comb-like structures called lamellae. The ducklings pull the thickened water into their mouths and use their tongues to push it out through the sides. The lamellae are sieves, trapping the bugs and seeds inside. Ultimately, they will digest some of the pollen which is vitamin rich, but their main target is the prey trapped within it.....a hidden buffet for growing ducklings.

Did you know...about the storywalk? While the seasonal storywalks are a treat in and of themselves, we have one that is up at the GES Nature Trail for the summer. The book that graces the trail is *Summer Solstice Wish* by Kate Allen Fox, with beautiful art and a fun story, it's a real treat to enjoy on your walk. Be sure to wear sensible shoes as the trail has a couple muddy spots right now.

www.gilfordlibrary.org



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