



June 9, 2026

Greetings!

The doctors say I have an illness that can only be cured by delivering the news about all the great programs we have coming this week.

Later today we have "The House as Witness," a talk with Veronica Tucker, the author of the lyrical poetry book by the same name. On Wednesday, the aptly named "Navigating the Mental Health System of New Hampshire" will be held at 4pm, teaching you how to make the most out of the resources available to you. Concurrently, there is a "Reiki Circle" starting at the same time, giving you a spiritual reset under the watch of trained practitioners. Finally, on Thursday the 11th we have "The Big Watch Film" at 5:30pm, a short viewing of Ken Burns' latest documentary and a group discussion on our country's storied history.

Looking for even more library fun? Make sure to take a peek at our [June Calendar](#)! And with that my symptoms abate, and I'm feeling fit as a fiddle, so thank you for listening and we hope to see you around.

On the Librarian's Nightstand:

The Author Weekend

by Laura Zigman

Happy Birthday to Staff Erika and Katherine!



What the Declaration of Independence Offers US Social Movements



"A dark comedic thriller driven by envy, ego, and rage of a uniquely writerly variety...Zigman has about the most fun she's had on the page since her breakout 1998 debut, *Animal Husbandry*. It's a comeback for sure. A standout in the popular genre of literary-world satire."

--Kirkus Reviews

Palaces Of The Crow
by Ray Nayler

A Perfect Hand
by Ayelet Waldman

The One Day You Were My Husband
by Rosie Walsh

A Fortune Of Sand
by Ruta Sepetys

The Vast Enterprise
by Craig Fehrman

Death Doula's Guide To A Meaningful End
by Jane K. Callahan

What the Declaration of Independence Offers U.S. Social Movements
June 16th @ 5:30



We'll consider how the language of the Declaration guides social movements.



We will consider how the language of the Declaration guides social movements. Presented by the NH Humanities.

Tuesday, June 16 @ 5:30PM

Children's Drop-In Father's Day Craft

DROP-IN FATHER'S DAY CRAFT

SATURDAY, JUNE 20TH @ 10:30AM

MAKE A THOUGHTFUL POPCORN CRAFT FOR YOUR FAVORITE POP!



Make a thoughtful popcorn craft for your favorite pop!

Saturday, June 20 @ 10:30AM



Book of the Week:
The Book Witch
by Meg Shaffer



Real people belong in the real world, the fictitious are meant to keep to the page, and never the two should intermingle. For a book witch in dire straits, that rule may have to be ignored. Filled with whimsy and romance this is a delightful read for fantasy or romance readers alike.

Links of the Week

[Movies at the Majestic: Alfred Hitchcock's "Vertigo"](#)

[Read the Rainbow! 160 New and Recent Books to Celebrate Pride](#)

[Interested in Publishing a Book? Check Out Penguin's Guide for Writers!](#)

This Week at the Library

Adults

Feel Good Fitness With Dottie

Today, 9:00 a.m. - 10:00 a.m.
A fun hour of stretching, toning and balance for all levels. Sponsored by the Friends of the Library.

Senior Sculpt

Today, 10:00 a.m. - 11:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Beginner Line Dancing

Today, 4:00 p.m. 5:00 p.m.
Dance class with Bonnie Deutch.

The House As Witness

Today, 5:30 p.m. - 6:30 p.m.
This book of lyric poetry by Veronica Tucker explores the emotional architecture of home, family and memory. Copies will be available for purchase.

Geri Fit

Wednesday, 9:00 a.m. - 10:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water.

Senior Stretch Yogaaah!

Wednesday, 10:00 a.m. - 11:00
Join Lani Voivod for a relaxing and rejuvenating yoga class designed specifically for seniors!

Card Games

Wednesday, 10:00 a.m. - 12:00
Play a few rounds of "Pay Me".

Trustee Meeting

Wednesday, 10:00 a.m. - 11:00

Check Out An Expert

Wednesday, 10:00 a.m. - 12:00
Receive help with your computer and all things technology.

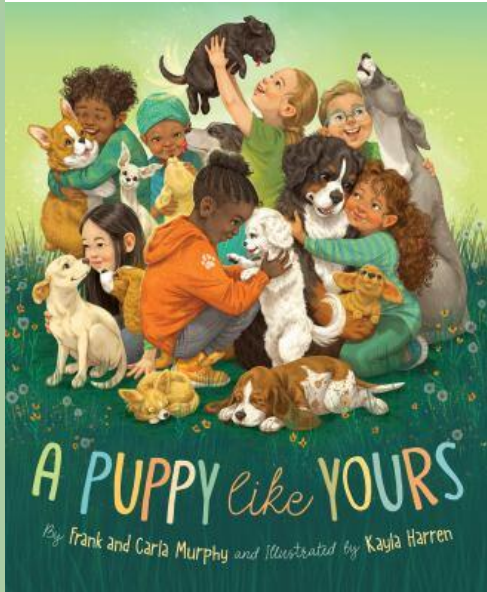
Paint Group

Wednesday, 12:00 p.m. - 2:30 p.m.

Children's Corner

What's a good summer reading suggestion for my child? [Imagination Soup](#) has several reading suggestions for all ages including middle school! Also, there's reading tips and other resources on this site to help your kid find the right book for them.

Featured Book: *A Puppy Like Yours* by Frank & Carla Murphy



Word of the Week

Vaunted
adjective

Often spoken of or described as very good or great.

VAWN-tud

"The team's vaunted defense faltered in the second half of the game."

Upcoming Events

Bring your supplies to work on your projects with other artists.

Navigating the Mental Health System in New Hampshire

Wednesday, 4:00 p.m. - 5:00 p.m.

Learn how to navigate the NH mental health system.

Reiki Circle

Wednesday, 4:00 p.m. - 5:00 p.m.

Practitioners of level 2 and masters are invited to this gathering.

Senior Sculpt

Thursday, 9:00 a.m. - 10:00 a.m.

Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Fun and Fitness With Joyce

Thursday, 10:00 a.m. - 11:00 a.m.

Enjoy exercising with others. Sponsored by the Friends of the Library.

French Club

Thursday, 4:00 p.m. - 5:00 p.m.

Join the ongoing conversational French Group.

The Big Watch Film - 250th Anniversary of the Declaration of Independence.

Thursday, 5:30 p.m. - 6:30 p.m.

Celebrate the Declaration Of Independence with a film, followed by an intergenerational conversation about the American Revolution.

Geri Fit

Friday, 9:00 a.m. - 10:00 a.m.

A workout for 55+. Bring a 2 - 3 lb. dumbbell, stretch band and water.

Rooted & Rising Chair Yoga

Friday, 10:00 a.m. - 11:00 p.m.

Spring chair yoga activation series, sign-up and fee required.

Hand and Foot

Friday, 12:00 p.m. - 2:30 p.m.

Come play a few rounds of this fun card game.

Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.

All crafters welcome!

Advanced German

Friday, 2:30 p.m. - 3:30 p.m.

Join our weekly class.

Line Dancing

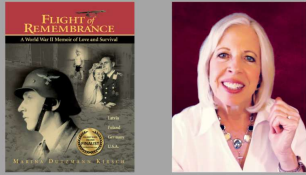


Grade 5+: Garden Week

All week long you can drop into the Teen Room for fun activities, but make sure to come back Friday at 10:30am to enjoy a dirt cup!

June 29 - July 2nd

Flight of Remembrance Part II
June 30th @ 5:30



The author of Flight of Remembrance, Marina Kirsch, will present Part 2 of her family's story of resilience and new beginnings.

Flight of Remembrance Part 2

Author Marina Kirsch will present Part 2 of her family's story. Copies of her book will be available for purchase.

Tuesday, June 30
@ 5:30PM

Common Men
 The True Story of the First American Fight
 July 7th @ 5:30



Join Gilford native Nathan Tidd for a discussion of the research, storytelling approach, and historical importance of his new book.

Common Men: The True Story of the First American Fight

Join Gilford native Nathan Tidd for a discussion of the research, storytelling approach, and historical importance of his new book.

Friday, 4:00 p.m. - 5:00 p.m.
 Lower intermediate class with Bonnie Deutch.

Beginner Line Dancing

Saturday, 10:15 a.m. - 11:15 a.m.
 Lower intermediate class with Bonnie Deutch.

Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.
 Enjoy exercising with others. Sponsored by the Friends of the Library.

Tai Chi Practice

Monday, 10:15 a.m. - 11:00 a.m.
 Know basic tai chi moves? Come to this weekly program to practice.

Mahjong

Monday, 12:00 p.m. - 3:00 p.m.
 If you know how to play this tile-based strategy game, come to the library and join in the fun!

T(w)een

Home School Group

Today, 12:00 p.m. - 1:30 p.m.
 Join the fun with other home schoolers.

Letting Go Plates

Thursday, 3:00 p.m. - 4:00 p.m.
 Leave the stress of school behind with a letting go plate.

Children

Preschool Storytime

Today 10:30 a.m. - 11:30 a.m.
 Join Miss Linda for spring stories and silly crafts!

Homeschool Lego Club

Wednesday 1:00 p.m. - 2:00 p.m.
 Connect, collaborate and create with other kids ages 5 - 12.

Painting & Poetry

Thursday, 3:30 p.m. - 4:30 p.m.
 Join Miss Linda for a special program painting poetry.

Preschool Storytime

Friday, 10:30 a.m. - 11:30 a.m.
 Connect with other kids at Miss Erika's storytime.

Baby Storytime

Monday, 10:00 a.m. - 10:30 a.m.

Tuesday, July 7
@ 5:30PM

Join Miss Jill for fun stories, songs and rhymes.

Nature Corner: A Song from the Woods

By Wendy Oellers-Fulmer

While sitting quietly on the deck this past weekend and enjoying the symphony of birdsong, I heard a thin, high-pitched "weesy, weesy, weesy" refrain drifting from the edge of the woods.

Following the sound, camera in hand, I was delighted to discover this beautiful black-and-white warbler singing away among the leaves. Like nuthatches, these tiny warblers move quickly to probe bark and moss for insects on tree trunks and branches.



Inspired to learn more, I was surprised to discover that although they spend much of their time in trees, they build their nests on the ground tucked among leaves and forest debris. Unlike other wood warblers, black-and-white warblers are specially adapted for life on tree bark. Their extra-long hind claws and stronger legs help them cling to trunks and branches as they search for insects, allowing them to navigate trees in a way that resembles a nuthatch more than a typical warbler.

It's moments like these that remind me why I never tire of watching birds. A song, a flash of movement, a brief encounter—and an ordinary morning becomes something special.

To discover more check out the [Cornell Lab's article on the Black-and-white Warbler](#)

Did you know...we can source books for your book group? If you're looking to start a new book club or you're simply tired of sourcing the books yourselves, look no further than the library. Thanks to the Interlibrary Loan System of New Hampshire we share resources with dozens of other libraries. We can acquire multiple copies of the books you're interested in, making your book club's lives easier.

www.gilfordlibrary.org



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