

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM Mindfulness Meditation 4PM	2 Geri Fit 9AM Fun & Fitness with Joyce 10AM Living with Grief 10AM French 4PM A Search for the Biggest Redwood 5:30PM	3 Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12PM Happy Crafters 1:30PM German 2:30PM Lower Intermediate Line Dancing 4PM Beginner Line Dancing 5:15PM	4 Beginner Line Dancing 10AM Friends of the Library Social 2:30PM
	6 #Fun & Fitness with Joyce 9AM Tai Chi Practice 10:15AM Bits & Bytes 11AM Mahjong 12PM Writing Wizards 4PM	7 Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM Death Cafe 1PM Intermediate Line Dancing 4PM	8 #Senior Stretch Yoga 9AM Trustee Meeting 10AM Card Games 10AM Understanding Diabetes 10:30AM Check Out an Expert 10AM Paint Group 1PM	9 Geri Fit 9AM Fun & Fitness with Joyce 10AM French 4PM	10 Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12PM Happy Crafters 1:30PM German 2:30PM Lower Intermediate Line Dancing 4PM Beginner Line Dancing 5:15PM	11 Beginner Line Dancing 10AM
12 CLOSED	13	14 Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM Appetizers & Salads for Fall 12:30PM Intermediate Line Dancing 4PM	15 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM Red Fox 4PM	16 Geri Fit 9AM Fun & Fitness with Joyce 10AM Adult Fall Centerpiece 1PM French 4PM Book Discussion 5:30PM	17 Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12PM Happy Crafters 1:30PM German 2:30PM Lower Intermediate Line Dancing 4PM Beginner Line Dancing 5:15PM	18 Beginner Line Dancing 10AM
19	20 #Fun & Fitness with Joyce 9AM Tai Chi Practice 10:15AM Mahjong 12PM	21 Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM Fall Into Exercise Social 10:45AM Intermediate Line Dancing 2:30PM Friends of Library 4PM	22 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM	23 Geri Fit 9AM Fun & Fitness with Joyce 10AM French 4PM	24 Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12PM Happy Crafters 1:30PM German 2:30PM Lower Intermediate Line Dancing 4PM Beginner Line Dancing 5:15PM	25 Beginner Line Dancing 10AM
26	27 #Fun & Fitness with Joyce 9AM Tai Chi Practice 10:15AM Mahjong 12PM	28 Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM Sleep Strategies 10:45AM Intermediate Line Dancing 4PM	29 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM	30 Geri Fit 9AM Fun & Fitness with Joyce 10AM Yorkshire, England 12PM French 4PM	31 Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12PM Happy Crafters 1:30PM German 2:30PM Lower Intermediate Line Dancing 4PM Beginner Line Dancing 5:15PM	

Sponsored by the Friends



Programs

MINDFULNESS MEDITATION - OCTOBER 1 @ 4PM

Together we will explore simple practices that help ease stress, calm the mind and bring more peace into your everyday life. Presented by Carol Wallace and Dottie Bergeron.



LIVING WITH GRIEF - OCTOBER 2 @ 10AM

Share your experience with others in a safe environment of mutual support and discover ways of finding hope, comfort, and new meaning.

A SEARCH FOR THE BIGGEST REDWOOD - OCTOBER 2 @ 5:30PM

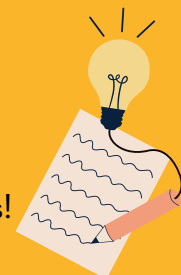
Hike along with forester Ned Therrien as we explore the California wilderness for the worlds oldest and largest sequoias and redwoods.

BITS & BYTES - OCTOBER 6 @ 11AM

Cover a new computer literacy topic on the first Monday of each month.

WRITING WIZARDS - OCTOBER 6 @ 4PM

Calling all writers to join us in reading and sharing our work with other wonderful writers!



DEATH CAFE - OCTOBER 7 @ 1PM

Be a part of a respectful and supportive space to discuss a natural part of life with Ruth O'Hara and Carole Wallace.

UNDERSTANDING DIABETES - OCTOBER 8 @ 10:30AM

Join your Hannaford Dietitian for a close look at the pre-diabetes & diabetes diet.

APPETIZERS & SALADS FOR FALL - OCTOBER 14 @ 12:30PM

It's time for seasonal dips, sauces and substantial salads for entertaining friends and family. Learn to make a few dishes with us. Sign-up is required!

RED FOX: THE CATLIKE CANINE - OCTOBER 15 @ 4PM

Come learn how foxes have thrived among us while offering glimpses into their daily lives. These are spectacular creatures with surprising attributes and capabilities.

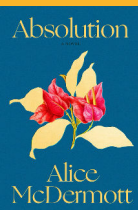
ADULT FALL CENTERPIECE - OCTOBER 16 @ 1PM

Create a cozy and inviting atmosphere for your fall gatherings with this easy to make fall centerpiece.



BOOK DISCUSSION: ABSOLUTION - OCTOBER 16 @ 5:30PM

This month's book is *Absolution* by Alice McDermott. Led by Betty; books are available at the front desk.



FALL INTO EXERCISE SOCIAL - OCTOBER 21 @ 10:45AM

Join us for Fall Exercise Social. Meet and socialize with all your friends from your exercise classes. Light refreshments will be served.

SLEEP STRATEGIES - OCTOBER 28 @ 10:45AM

Do you sleep? Do you struggle sleeping? Do you love sleeping? Answer yes to any of those questions and this is the class for you!! Presented by Dr. Amanda from Awakening Chiropractic.



DISCOVER LIVE: YORKSHIRE ENGLAND - OCTOBER 30 @ 12PM

On this spine-tingling virtual tour, you'll explore haunted streets and chilling landmarks, encountering the lingering spirits that continue to fascinate and frighten locals and visitors alike.



OCTOBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Key: Preschool  Grades K-4  Grades 5+ 	1 Graphic Novel Newbies: Spooky Edition 3:30PM	2 	3 Preschool Storytime 10:30AM	4 
5	6 Baby Storytime 10AM	7 Preschool Storytime 10:30AM Dungeons & Dragons 3PM	8 Graphic Novel Newbies: Spooky Edition 3:30PM	9 Now Showing: Coraline 3PM 	10 Preschool Storytime 10:30AM	11 
# Sponsored by the Friends						
12 	13 CLOSED for Columbus Day	14 Preschool Storytime 10:30AM Homeschool Club 12PM Gourd Tik Tac Toe - All Day!	15 Graphic Novel Newbies: Spooky Edition 3:30PM Gourd Tik Tac Toe - All Day!	16  Gourd Tik Tac Toe - All Day! 	17 Preschool Storytime 10:30AM Gourd Tik Tac Toe - All Day!	18 Drop-In Craft: Decorate Trick-or- Treat Bags 10:30AM
19 	20 Baby Storytime 10AM	21 Dungeons & Dragons 3PM 	22 Early Release: Caramel Apple Bar 1PM Elementary Early Release: October Party! 1:30PM	23 	24 #Spooky Storywalk 4PM	25 
26 	27	28 Homeschool Club 12PM Pumpkin Carving 2:30PM	29 	30	31 Halloween Party 10:30AM 	



PROGRAMS

GRAPHIC NOVEL NEWBIES: SPOOKY EDITION

Join Miss Erika in learning and creating your own graphic novel! Grades K-4th.

PRESCHOOL STORYTIME - FRIDAYS

Join Miss Erika in a fun-filled storytime with friends!

BABY STORYTIME

Join Miss Jill in a fun filled storytime with songs, rhymes and music!

PRESCHOOL STORYTIME - TUESDAYS

Join Miss Linda in stories and engaging activities with other kids!

DROP-IN CRAFT: DECORATE A BAG

Decorate your own Halloween trick-or-treat bags for our Spooky Storywalk!

ELEMENTARY EARLY RELEASE: OCTOBER PARTY

It's Early Release day. Kick off Halloween with donut-on-a-string competitions, games, & crafts!

SPOOKY STORYWALK

Join us for a family-friendly spooky storywalk filled with suspense and candy!
Come in your costumes and bring a bag for tasty treats.

PRESCHOOL HALLOWEEN PARTY

Come dressed in your costumes ready to play some games! There will be music, candy and more to celebrate Halloween!

DUNGEONS & DRAGONS

Do you like wizards who fight dragons and sail the seas and spelunk the vastest of caverns? Join our DND group every other Tuesday!

NOW SHOWING: CORALINE

Join us for a showing of this spooky fall favorite! Based off Neil Gaimon's best seller, this whimsical tale stars Dakota Fanning and is rated PG.

HOMESCHOOL CLUB

Hang out to play games, eat food, do whatever we decide!

GOURD TIK TAC TOE

Drop in at any time to play this fun fall game!

EARLY RELEASE: CARAMEL APPLE BAR

While supplies last, snack on this classic fall treat- made to your customization!

PUMPKIN CARVING

Pumpkin Carving just in time before Halloween!

