



Hello!

It's the spookiest month of the year and we need your help! The Children's Room has a few Halloween events planned and would greatly appreciate some volunteers coming by.

On October 22, the elementary school kids will be here at 1:30pm for an October Party with games, crafts and a donut-on-a-string contest. Then on October 24 at 4pm., the library is hosting our annual Spooky Storywalk, sponsored by the Friends of the Library. We will be needing volunteers at each station along the walk outside the library.

If you are interested in helping us out with either of these events, please let me know!



Be sure to check out all the rest of [October's programs](#) happening this month!

- October 7 @ 1:00PM: *Death Cafe* - with Ruth O'Hara and Carol Wallace.
- October 8 @ 10:30AM: *Understanding Diabetes* - with a

Hannaford dietitian.

- September 8 @ 4:00PM: *Writing Wizards* - Share your work with other writers!
- October 14 @ 12:30PM: *Appetizers & Salads for Fall* - with Chef Colleen. Sign up required.
- October 15 @ 4:00PM: *Red Fox: The Catlike Canine* - Hear how they have thrived among us.
- October 16 @ 1:00PM: Adult Fall Centerpiece Craft - Make a nice fall centerpiece for your table. Sign up required.
- October 16 @ 5:30PM: *Book Discussion: "Absolution" by Alice McDermott* - Led by Betty; books available at the front desk.
- October 21 @ 10:45AM: *Fall Into Exercise Social* - Socialize with all your friends from exercise class!
- October 28 @ 10:45AM - *Sleep Strategies* - with Dr. Amanda from Awakening Chiropractic.
- October 30 @ 12:00PM: *Discover Live: Yorkshire, England* - Explore haunted streets and chilling landmarks on this spine-tingling virtual tour.

If anyone has any ideas on projects or improvements, we are always open to suggestions. Come see me to chat!

Arielle

Understanding Diabetes: Reducing Risk
October 8th @ 10:30



Join your Hannaford Dietitian for a close look at the pre-diabetes & diabetes diet.

Red Fox- The Catlike Canine
October 15th @ 4pm



Come learn how foxes have thrived among us while offering glimpses into their daily lives.

Discover Live
Ghosts, Ghouls and Grisly Tales
Yorkshire, England
October 30th @ 12:00



On this spine-tingling virtual tour, you'll explore haunted streets and chilling landmarks, encountering the lingering spirits that continue to fascinate and frighten locals and visitors alike.



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